





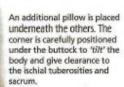
SEMI-RECUMBENT POSITION

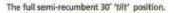


The patient's lower back should be positioned as far into the pillows as possible, to support the lumbar spine. Plump or fold the lower pillow if necessary.



The legs are supported as in diagram 3 and 4 of the recumbent position. Ensure that the heels are clear of the mattress and that the feet are correctly positioned.





RECUMBENT POSITION



Lie the patient in the centre of the bed. Use one or two pillows to support the head and neck.



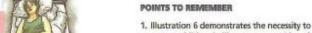
Use a further pillow to support the lumbar region and shoulder. This 'tilts' the patient onto one buttock and lifts the sacrum clear of the mattress. Use your hand to check this clearance.

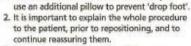


Support the full leg by placing it centrally on another pillow. Ensure that the heel overhangs the edge of the pillow.



An additional pillow gives further comfort to any unsupported areas of the other leg.





 Remember to ask the patient if they are comfortable and check their position at regular intervals.

4. The 30° tilt is used to promote patient comfort and reduce pressure over high risk areas. It should be used with, and not in place of, an appropriate pressure reducing support surface/mattress.



SUPPORT AND COMFORT

The full recumbent 30° 'tilt' position.

OF THE POSITIONING TECHNIQUE - REPERTINGS

Frame RV (1988) Policialis po conder and procurs with the 2d organ internities. One--Science and France (40°F-140-566°W), 888+ 5, Stellah 88 (1998) Informer of the 3D organization control procurs on the Science (1988) Information and the Science (1988) Information and the Science (1988) Information and the Science (1988) Information process one presented up to 1988 All the NO.
Stellah 88 (1998) Stim conjugate protein as a function of this process on proceedings in 1988 All the NO.
Stellah 88 (1998) Stim conjugate protein as a function of this process on process one presented and the stimulation of the Policial Control (1988) All the NO.
Stellah 88 (1998) Stim conjugate protein and in 1988 All the Science (1988) All the No.
Stellah 88 (1998) Stim conjugate protein and in 1988 All the conjugate of the Science on page and stated conjugate process. As of Wood-Control (1988) All the Science of the Science of the Science (1988) All the Science of the Science of

Medical Support Systems Limited, Nantgarw Business Park, Cardiff CF4 7QU, Tel: 01443 849200. Fax: 01443 843377

Produced by Medical Support Systems in association wide. Mr W, Haughton, CNS Tissue Visibility, Winal Hospital NHS Trust + Mrs M Feor-Price, Community Specialist, Community & District Number Ausociation