

BERKSHIRE HEALTHCARE NHS FOUNDATION TRUST

TRUST BOARD MEETING

(conducted electronically via Microsoft Teams)

10:00am on Tuesday 14 January 2025

AGENDA

No	Item	Presenter	Enc.
OPENING BUSINESS			
1.	Chairman's Welcome and Public Questions	Martin Earwicker, Chair	Verbal
2.	Apologies	Martin Earwicker, Chair	Verbal
3.	Declaration of Any Other Business	Martin Earwicker, Chair	Verbal
4.	Declarations of Interest i. Amendments to the Register ii. Agenda Items	Martin Earwicker, Chair	Verbal
5.1	Minutes of Meeting held on 12 November 2024	Martin Earwicker, Chair	Enc.
5.2	Action Log and Matters Arising	Martin Earwicker, Chair	Enc.
	QU	ALITY	
6.0	Board Story – Speech and Language Therapist, Court Diversion Service	Debbie Fulton, Director of Nursing and Therapies/ Paul O'Callaghan, Service Manager, Liaison and Diversion Service/Kate Franics, Criminal Justice Lead Speech and Language Therapist	Verbal
	EXECUTI	VE UPDATE	
7.0	Executive Report	Julian Emms, Chief Executive	Enc.
	PERFC	RMANCE	
8.0	Month 08 2024/25 Finance Report	Paul Gray, Chief Financial Officer	Enc.
8.1	Month 08 2024/25 Performance Report	Tehmeena Ajmal, Chief Operating Officer	Enc.
STRATEGY			
9.0	Strategy implementation Plan Report	Alex Gild, Deputy Chief Executive	Enc.
CORPORATE GOVERNANCE			
10.0	Appointment of a New Senior Independent Director	Martin Earwicker, Chair	Enc.
10.1	Council of Governors Update	Martin Earwicker, Chair	Verbal

No	Item	Presenter	Enc.	
	Closing Business			
11.	Any Other Business	Martin Earwicker, Chair	Verbal	
12.	Date of the Next Public Trust Board Meeting – 11 March 2025	Martin Earwicker, Chair	Verbal	
13.	CONFIDENTIAL ISSUES: To consider a resolution to exclude press and public from the remainder of the meeting, as publicity would be prejudicial to the public interest by reason of the confidential nature of the business to be conducted.	Martin Earwicker, Chair	Verbal	



Unconfirmed minutes

BERKSHIRE HEALTHCARE NHS FOUNDATION TRUST

Minutes of a Board Meeting held in Public on Tuesday, 12 November 2024

(Conducted via Microsoft Teams)

Present:	Mark Day Rebecca Burford Naomi Coxwell Rajiv Gatha Sally Glen Julian Emms Jane Nicholson Debbie Fulton Paul Gray Dr Minoo Irani Tehmeena Ajmal	Vice Chair (meeting Chair) Non-Executive Director (present from 10.35) Non-Executive Director Non-Executive Director Chief Executive Director of People (deputising for Alex Gild, Deputy Chief Executive) Director of Nursing and Therapies Chief Financial Officer Medical Director Chief Operating Officer
In attendance:	Julie Hill Lisa Ellis Keely Butler Helena Gruenstern Mike Craissati Steph Moakes Martin Mannix	Company Secretary Service Manager, Neuro-Rehabilitation (<i>present</i> <i>for agenda item</i> 6.0) Specialist Physiotherapist, Community Based Neuro-Rehabilitation Team (<i>present for agenda</i> <i>item</i> 6.0) Speech and Language Therapist (<i>present for</i> <i>agenda item</i> 6.0) Freedom to Speak Up Guardian (<i>present for</i> <i>agenda item</i> 6.1) Health, Wellbeing and Engagement Manager (<i>present for agenda item</i> 7.1) Director of Estates and Facilities (<i>present for</i> <i>agenda item</i> 9.0)

24/183	Welcome and Public Questions (agenda item 1)
	The Vice-Chair welcomed everyone to the meeting.
24/184	Apologies (agenda item 2)

	Apologies were received from Martin Earwicker, Chair, Aileen Feeney, Non-Executive Director and Alex Gild, Deputy Chief Executive.
24/185	Declaration of Any Other Business (agenda item 3)
	There was no other business.
24/186	Declarations of Interest (agenda item 4)
	i. Amendments to Register
	There were no amendments to the Register.
	ii. Agenda Items – none
24/187	Minutes of the previous meeting held on 10 September 2024 – (agenda item 5.1)
	The Minutes of the Trust Board meeting held in public on Tuesday, 10 September 2024 were approved as a correct record.
24/188	Action Log and Matters Arising (agenda item 5.2)
	The schedule of actions had been circulated.
	Sally Glen, Non-Executive Director referred to the action (min 24/155) on providing the Model Hospital data on complaints and asked whether the comparison with the Trust's "peer group" was in relation to similar mental health trusts or trusts in the same geography.
	The Director of Nursing and Therapies confirmed that the Trust's peer group was other mental health and learning disability trusts.
	Ms Glen reported that the November 2024 Quality Assurance Committee meeting would be considering the action (min 24/155) from the last meeting around whether it would be useful to identify a sub-set of patient experience data to benchmark the Trust's performance with its peer group.
	The Trust Board: noted the action log.
24/189	Board Story – East Berkshire Earlier Supported Discharge Team for Stroke (agenda item 6.0)
	The Vice-Chair welcomed Lisa Ellis, Service Manager, Neuro-Rehabilitation, Keely Butler, Specialist Physiotherapist, Community Based Neuro-Rehabilitation Team and Helena Gruenstern, Speech and Language Therapist.
	Keely Butler, Specialist Physiotherapist presented a case study concerning Mr D. (name redacted) and highlighted the following points:

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	 The East Berkshire Earlier Supported Discharge (ESD) Team for Stroke was part of the Community Based Neuro-rehabilitation team in East Berkshire. This service was specifically commissioned for stroke rehabilitation and involved treating patients in the community following early discharge from acute hospitals. The multi-disciplinary team included physiotherapists, occupational therapists, speech and language therapists, stroke specialist nurses, neuro-psychologists, and therapy assistants. The service provided patient-centered and goal-focused therapy for a maximum of six weeks Mr D was a 52-year-old gentleman who suffered a stroke in the left side of his brain, resulting in various physical and cognitive impairments. The ESD team provided comprehensive assessments and treatment planning, addressing his emotional changes, coordination issues, speech difficulties, and memory deficits. Mr D lived with his brother, and he was registered as his brother's carer and assisted in helping him with his medications for his mental health. Following his stroke, Mr. 'D's brother's mental health deteriorated, which impacted Mr. 'D's ability to participate in his own rehabilitation. The team had to coordinate with external services and make safeguarding referrals to ensure both Mr. D and his brother received the necessary support. Mr D had two goals – to return to work and to 'get myself back – I've lost myself.' The outcomes of the intervention were positive, with Mr. 'D' regaining some independence and improving his communication skills. However, there were outstanding needs, such as further cognitive rehabilitation and support for returning to work. Mr D fed back that he felt that "he had come quite a long way in six weeks. I'm quite pleased with it". Mr D did not receive all of the cognitive assessment and rehabilitation that would have been recommended if there were no other additional social challenges. Following discussion with Social Services, a ref
	The Vice-Chair thanked Keely Bulter for sharing the patient's story which provided an insight into work of the ESD team and the need to co-ordinate with a wide range of internal services and external agencies.
	The Chief Operating Officer said that she had spent some time with the ESD team in West Berkshire and she had been particularly impressed about how the team worked with the whole family and not just with the patient.
	The Chief Executive discussed the challenges around capturing the extensive co- ordination work which was done behind the schemes especially in the context of productivity.
	Keely Bulter agreed that it was difficult to capture all the interactions but pointed out that all conversations were recorded on the RiO (electronic patient record system).
	Sally Glen, Non-Executive Director asked whether the six-week time limit for the ESD service was nationally or locally determined.
	Keely Bulter confirmed that the six-week time limit was locally prescribed. It was noted that as the end of the six weeks, the ESD service could refer patients to the Community Rehabilitation Team as well and to other services, for example, Speech and Language Therapy, Mental Health Services etc.

	Naomi Coxwell, Non-Executive Director asked about the challenges around working with Social Services.
	Keely Bulter said that the Trust had to work with six different local authority social services departments, all of which worked differently.
	Lisa Ellis, Service Manager, Neuro-Rehabilitation added that the Trust was undertaking some training for social services staff, including hosting a conference and case study presentations which had been well received.
	The Vice-Chair thanked Lisa Ellis, Service Manager, Neuro-Rehabilitation, Keely Butler, Specialist Physiotherapist, Community Based Neuro-Rehabilitation Team and Helena Gruenstern, Speech and Language Therapist for attending the meeting and for the work they did.
	The presentation slides are attached to the minutes.
24/190	Freedom to Speak Up (agenda item 6.1)
	a) Freedom to Speak Up Guardian's Six-Monthly Report
	The Vice Chair welcomed Mike Craissati, Freedom to Speak Up Guardian to the meeting.
	The Freedom to Speak Up Guardian presented the paper and highlighted the following points:
	 The number of cases raised over the last six months remained consistent with the previous reporting period. Levels of concerns that had an element of Bullying and Harassment had decreased but that was mainly due to the recent introduction of a new category "Inappropriate behaviours". The Freedom to Speak Up Guardian used a range of communication methods to raise the importance of speak up, including attendance at Corporate Induction sessions, supporting all the Staff Networks as an ally, membership of groups and committees that were people focused and promoted an inclusive or just culture The Freedom to Speak Up Guardian had played a key role in helping to promote the Trust's Anti-Racism stance and had worked with colleagues to help with the Violence Prevention and Reduction and Anti-Bullying and Harassment workstreams. The introduction of all staff "Lunch and Learn" webinars had also helped to communicate proactive support for a positive culture change towards greater compassion The topic for the Freedom to Speak month (October) was "Listening Up" and providing feedback.
	Sally Glen, Non-Executive Director asked whether it was a concern that there were no
	cases from medical and dental staff. The Freedom to Speak Up Guardian said that he had done a lot of work raising awareness about speaking up amongst doctors including attending the resident doctors' induction sessions. It was noted that compared with many trusts, Berkshire Healthcare did not have a large cohort of doctors and dentists.

Ms Glen asked whether there was a Freedom to Speak Up Champion for doctors and dentists.	
The Freedom to Speak Up Guardian confirmed that there was no champion at the moment but said that he regularly reviewed the network of champions to identify where there were gaps, and these areas would be targeted in the next round of recruitment for champions.	
The Vice-Chair said that he shared the Freedom to Speak Up Guardian's view about the importance of ensuring that newly appointed managers received training around their role in listening to and responding to concerns.	
Naomi Coxwell, Non-Executive Director said that it was also important that people did not rush to judgement and pointed out that there were invariably two sides to every case.	
The Freedom to Speak Up Guardian agreed and said that it was important to remain objective.	
The Director of People added that the Freedom to Speak Up Guardian would be involved with the Human Resources Case Work Review which would start in the new year.	
The Freedom to Speak Up Guardian requested that the Board support work in the following areas:	
 Support and encourage initiatives to address subjective "Staff Experience" concerns, specifically those that include an element of bullying and harassment and/or microaggressions. Support and encourage initiatives to minimise the risk of detriment. Support and encourage initiatives to improve a Listening Up culture. As October's theme nationally was "Listening Up" the Board was specifically asked to concentrate on supporting this initiative. An effective gauge was for the Board to ask, "Did you feel heard?", this can be done as part of the various ways the Board communicates with staff but also when visiting services. If staff feel heard, then that took into account potential barriers such as neurodiversity and cultural differences. It was also just as relevant when getting feedback from our communities or service users. 	
The Trust Board:	
 a) Noted the report. b) Expressed its full support for the areas identified above by the Freedom to Speak Up Guardian. 	
c) Freedom to Speak Up Improvement Plan Report	
The Director of Nursing and Therapies reminded the meeting that the Board had agreed that the Freedom to Speak Up Improvement Plan Report would be presented to the Board on a six-monthly basis.	
It was noted that since the last update, the following actions had been completed:	
 There was now a process for ensuring that all new starters were aware of the Freedom to Speak Up on-line training modules 	

	 A question had been added to mid-year appraisal documentation to enable a conversation around how to speak up The Internal Auditor had completed an audit on the Trust's Freedom to Speak Up systems and process and had given an assurance level of "substantial assurance" Methods to improve circulation of positive stories as part of Freedom to Speak up Month (October) had been agreed. The Vice-Chair and Non-Executive Director Lead for Freedom to Speak Up commended the Freedom to Speak Up Guardian and the Trust for achieving a substantial assurance rating from the Internal Auditors for the Freedom to Speak Up systems and processes. The Trust Board: noted the report.
24/191	Patient Experience Report (agenda item 6.2)
	 The Director of Nursing and Therapies presented paper and highlighted the following points: There was a higher than usual number of secondary complaints (those not resolved with the first response) this quarter. There were no specific themes or services associated with this, and not all were upheld. The Trust would continue to monitor this and the standard of the Trust's responses to ensure that the initial responses were clear and answered all the concerns being raised. The data indicated that Asian/Asian British and Black/Black British people appeared to be less likely to complain and give feedback through the patient survey; this data was consistent with data from last quarter. Whilst the survey was provided in easy read and several differing languages it was important for services to ensure that they were explaining about the survey when having contact with patients, their families and interpreters to enable the opportunity for all patients to provide feedback The Trust was continuing to focus on "You Said, We Did" examples of how patient feedback had been used to make changes and improvements to services. The programme of 15 Step Visits had re-started. The Vice-Chair said that he had recently visited the Wokingham Memory Clinic on a 15 Step Visit along with Sally Glen, Non-Executive Director and reported that they had fed back that there was an iPad available for patients to use to complete the I Want Great Care Survey, but it was hidden from view. The Vice-Chair said that it was a small example of how useful it was to have lay people visiting services with fresh pairs of eyes and encouraged Non-Executive Directors and Governors to undertake 15 Step Visits.
24/192	Six Monthly Safe Staffing Penort (agenda item 6.3)
24/192	Six Monthly Safe Staffing Report (agenda item 6.3)
	The Director of Nursing and Therapies presented the paper and reported that the Trust was continuing to use a high number of temporary members of staff, although many of them were Trust staff undertaking additional hours. It was noted that there was a

	The Trust Board: noted the report.	
	The Director of Nursing and Therapies said that there was a slightly higher take-up rate this year but pointed out that all trusts were struggling to encourage staff to take up vaccinations.	
	The Vice Chair asked how the Staff Flu Vaccination Campaign take up rate compared with the same time last year.	
	Staff Winter Flu Vaccination Campaign	
	The following item was discussed further:	
	The Executive Report had been circulated.	
24/192	Executive Report (agenda item 7.0)	
	 a) noted the report b) noted the safe staffing declaration by the Director of Nursing and Therapies and Medical Director. 	
	The Trust Board:	
	The Vice-Chair reminded the meeting that the Finance, Investment and Performance Committee reviewed the monthly safe staffing reports.	
	therefore sustainability of our permanent workforce medical staffing numbers remained stable with adequate medical cover available during routine working hours for inpatient mental health and community health wards. Out of hours medical cover was provided by GPs for all our community health wards and Campion Unit. Out of hours medical cover was provided by Resident Doctors for the mental health wards with Consultant Psychiatrists providing on-call cover from home.	
	Over the last 6 months, the wards had been considered to have been safe with no significant patient safety incidents occurring because of staffing levels. It was however recognised that during the period there were some shifts where staffing was sub-optimal and consequently there was limited assurance that care was always of a high quality, and it was possible that patient experience was compromised.	
	The Safe staffing declaration provided the opinion of the Medial and Nursing Directors in relation to the position of our staffing across our wards over the last 6 months.	
	The Director of Nursing and Therapies drew attention to the Safe Staffing declaration below:	
	The Director of Nursing and Therapies reported that there was also a slightly improved position in the number of Band 5 vacancies at Prospect Park Hospital.	
	downward trend over the last year with fewer shifts with less than two registered nurses at Prospect Park Hospital.	

Health and Wellbeing Update Report (agenda item 7.1)
The Vice-Chair welcomed Steph Moakes, Health, Wellbeing and Engagement Manager to the meeting.
The Director of People reported that the Trust Director of Nursing and Therapies had led a review of the Trust's Staff Wellbeing activities.
The Health, Wellbeing and Engagement Manager presented the paper and highlighted the following points:
• As part of the Wellbeing Review, all staff were invited to complete a questionnaire. Over 850 staff responded to the questionnaire, and this was followed up by an engagement event which was attended by 60 staff. The responses showed a range of opportunities for improvement but importantly when staff needed to access the available Wellbeing services, they were generally happy with the support they had received.
 69% of the 850 staff who completed the questionnaire said that the health and wellbeing support they had received had enabled them to stay at work or had reduced their time off work.
 The questionnaire also highlighted that a lot of staff did not know what support was available. The working environment was also important to staff including the provision of restrooms, microwaves and access to drinking water/hot water etc. Staff also responded that they were sometimes unsure about whether or not they could take breaks etc.
 At the end of the review, there would be an outcome report listing both quick wins and longer-term projects which would be shared with the Board.
 Action: Director of People Wellbeing Matters, the Trust's internal psychological support service for staff and teams was working well with positive feedback from staff. Demand for support on the Wellbeing Line had increased by 43%. Demand for Staff Support Post Incident had increased more than two-fold since the last report.
The Chief Financial Officer reminded the Board that when national funding was withdrawn for staff health and wellbeing services post-COVID, the Trust had taken the decision to continue to provide wellbeing services. The Chief Financial Officer said that the questionnaire had highlighted the positive impact wellbeing support had on reducing staff sickness and enabling staff to return to work sooner.
The Vice-Chair and Non-Executive Director Champion for Staff Health and Wellbeing commented that the activities listed in the report were only the tip of the iceberg and said that there was a huge amount of work going on to support staff.
The Vice-Chair commented that he looked forward to receiving the outcome of Wellbeing Review in due course.
The Trust Board: noted the report.

24/194	Reducing Violence and Aggression Report (agenda item 7.2)
	The Director of Nursing and Therapies presented the paper and reminded the Board, that NHS England had written to all NHS organisations in April 2024 asking them to sign the Sexual Safety Charter and to report progress and actions to their respective boards.
	The Director of Nursing and Therapies said that the Trust's Reducing Violence and Aggression work was aligned with the new Workers Protection Act and the duty to prevent and address workplace sexual harassment.
	It was noted that the majority of incidences of violence and aggression continued to be experienced by mental health staff.
	The Director of Nursing and Therapies said that the Trust was proactively encouraging staff to report incidents of violence and aggression, both physical and non-physical.
	The Trust Board: noted the report.
24/195	Month 06 2024-25 Finance Report (agenda item 8.0)
	 The Chief Financial Officer presented the report and highlighted the following points: The planned outturn position for the Trust was a £1.9m surplus. This included additional funding for depreciation of £0.6m, agreed System Development Funding slippage (Buckinghamshire, Oxfordshire and Berkshire West system) of £0.5m and further Cost Improvement Programme schemes to be identified of £0.8m. The Trust had a £13.6m Cost Improvement Plan. The Trust was on track year to date, but there were some small variances on individual plans. Income included the planned cost staff salary uplift for 2024/25, but this would be updated for the actual cost uplift of 2024/25 pay awards in October 2024. Cash was above plan but would reduce once the back dated pay awards were made. The Trust was continuing to see an increase in the number of substantive staff which was aligned with the investments agreed with the systems. The Trust's performance against the Better Payment Practice Code was achieved for three of the targets. One target was missed in month 5 due to 7 medical staffing invoices being paid late. The late payment of one invoice in month 6 has meant that our position had not yet recovered on this indicator. Capital spend was under plan year to date for CDEL schemes. NHS England's agency target was achieved year to date. The Finance, Investment and Performance Committee had reviewed the financial forecast position. The Trust was confident that the 2024-25 financial plan would be delivered.
24/196	Month 06 2024-25 "True North" Performance Scorecard Report (agenda item 8.1)
	The Month 04 2024-25 "True North" Performance Scorecard Report had been circulated.

	The Vice-Chair welcomed the Director of Estates and Facilities to the meeting. The Director of Estates and Facilities gave a presentation and highlighted the following
24/198	Estates Strategy Update (agenda item 9.0)
	The Vice-Chair thanked Naomi Coxwell for her update.
	Ms Coxwell reported that the meeting had also received a paper which set out the key metrics which underpinned the People Strategy and had received an update on the Trust's recruitment and retention work.
	Naomi Coxwell, Chair of the Finance, Investment and Performance Committee reported that in addition to the standing items, the Committee had received a presentation and demonstration of the Tableau Performance People's Dashboard which in concert with a data warehouse pulled in staff related data across the Trust and enabled managers to drill access data at a granular level.
24/197	Finance, Investment and Performance Committee Meeting – October 2024 (agenda item 8.2)
	The Trust Board: noted the report.
	The Chief Operating Officer agreed to forward more information about the male discharge community beds and whether there were also female discharge beds in the community to Sally Glen, Non-Executive Director. Action: Chief Operating Officer
	Sally Glen, Non-Executive Director noted that the Finance Report made reference to three or four male discharge beds in the community and asked whether there were some female discharge beds.
	The Chief Operating Officer said that over the winter period, there was likely to be pressure from the acutes within Berkshire and from the neighbouring London hospitals to accept referrals. The Chief Operating Officer added that the Trust would have to manage the balance between being responsive and supportive, recognising the pressure they were under whilst also maintaining a grip on what was happening in terms of out of area placements.
	The Chief Operating Officer suggested inviting the Bed Team to attend a future Trust Board Discursive meeting to inform the Trust Board about how they managed the mental health bed pressure. Action: Chief Operating Officer/Company Secretary
	The Chief Operating Officer highlighted the current pressures and challenges around mental health beds and pointed out that there were currently 12 people in out of area placements and 10 patients who were clinical ready of discharge and 8 patients who had been referred into a bed.

 Two recently published reports – the Grenfell Tower Inquiry Phase Two Report and the Independent Investigation of the NHS estate. Regionally, both local Integrated Care Boards were struggling financially and both Frimiley Health and the Royal Berkshire Hospitals had major estates related problems requiring new sites and rebuilds Locally, the Trust had a number of achievements over the last year. This included: Remaining above the national and regional averages for all Trusts in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being either first or second of Mental Trust in the PLACE rankings and being exacution of Jubilee Ward, Upton Hospital SALX grant of £2.6m from the Government's Public Sector Decarbonisation Scheme to replace the fossil fuel heating system at West Berkshire Community Hospital with efficient heat pumps National NHS Statf Survey Results 2023 for the Estates and Facilites directorate had staff engagement score of 81.5%. The Trust had received some additional funding to complete additional anti-ligatre works. Work had recently started on the new Place of Safety at Prospect Park Hospital The Frinkey Integrated Care System's Integrated Care Hub programme was only going ahead in Bracknell with a were facility being built next to Skimped Hill Health Centre. There was a small amount of work that was planned at King Edwards Hospital but there was insufficient system funding to tak		
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The Trust Board: noted the report.	The V	ice-Chair thanked the Director of Estates and Facilities for his presentation.
	The T	rust Board: noted the report.

24/199	Audit Committee Meeting – October (agenda item 10.0)
	The minutes of the Audit Committee meeting held on 30 October 2024 had been circulated.
	Rajiv Gatha, Chair of the Audit Committee reported that in addition to the standing items, the Committee had also approved the Charitable Funds Annual Report and Accounts 2023-24 (which would be presented to the Corporate Trustees meeting immediately after the Trust Board In Committee for ratification).
	Rajiv Gatha reported that an internal review of Accounts Payable in 2023 had made a recommendation for a report to be presented annually to the Audit Committee to provide members with the details of the Trust Bank Account Mandates (signatories) and to confirm the detail of the roles and responsibilities of users of the Bankline online banking portal operated by NatWest.
	It was noted that the Committee had also reviewed and approved changes to the Trust Standing Financial Instructions, Reservation of Powers to the Board and Delegation of Powers and Application of Financial Limits to the Scheme of Delegation.
	The Vice-Chair thanked Rajiv Gatha for his update.
	The Trust Board: noted the minutes.
24/200	Trust Policies – Changes for Ratification (agenda item 10.1)
	The Chief Financial Officer presented the paper and reported that the following policies were reviewed and updated every two years. The proposed amendments were highlighted in red and related to changes in legislation, policy and guidance:
	 Trust Standing Financial Instructions Reservation of Powers to the Board and Delegation of Powers Application of Financial Limits to the Scheme of Delegation
	The Chief Financial Officer confirmed that the proposed changes to the policies had been approved by the Audit Committee at its meeting on 30 October 2024 and were presented to the Trust Board for ratification.
	The Trust Board : ratified the changes to the Trust Standing Financial Instructions, Reservation of Powers to the Board and Delegation of Powers and Application of Financial Limits to the Scheme of Delegation.
24/201	Trust Seal (agenda item 10.2)

	The Trust Board: noted the report.
24/202	Council of Governors Update (agenda item 10.3)
	The Vice-Chair reported that the Joint Trust Board and Council of Governors meeting held on 6 November 2024 had received a strategic update by the Chief Executive, an update on system finances from the Chief Financial Officer, updates from the Deputy Chief Executive on the process for refreshing the Trust's Strategy along with an update on the Trust's Anti-Racism Strategy work.
	The Vice-Chair mentioned that during the small informal breakout sessions with Non- Executive Directors and Governors, some of the newer Governors had expressed an interest in getting more involved with service visits. The Vice-Chair requested that the Company Secretary ensure that Governors were informed about any opportunities to visit services. Action: Company Secretary
	Action. Company Secretary
24/203	Any Other Business (agenda item 11)
	There was no other business.
24/204	Date of Next Public Meeting (agenda item 11)
	The next Public Trust Board meeting would take place on 14 January 2025.
23/205	CONFIDENTIAL ISSUES: (agenda item 13)
	The Board resolved to meet In Committee for the remainder of the business on the basis that publicity would be prejudicial to the public interest by reason of the confidential nature of the business to be conducted.

I certify that this is a true, accurate and complete set of the Minutes of the business conducted at the Trust Board meeting held on 12 November 2024.

Signed..... Date 14 January 2025



Patient case study

East Berkshire Earlier Supported Discharge Team (ESD) for Stroke

East Berks ESD service



- Part of the Community Based Neuro-rehabilitation team
- East Berkshire only commissioned for Stroke Rehabilitation
- Treating patients in the community following (early) discharge from acute hospitals for ongoing stroke rehabilitation
- Multi-disciplinary team intervention Physiotherapy, Occupational Therapy, Speech and Language Therapy, Stroke Specialist Nursing, Neuro-Psychology and therapy assistants
- Time led service for a maximum of 6 weeks
- Patient centred and goal focused therapy



History of presenting condition



- Mr. 'D' suffered a stroke in the left of his brain; he woke up at home, slumped to the right and unable to move his right arm and was feeling unwell. He was unable to talk properly. Mr 'D's brother contacted a friend, who then called an ambulance, who took him to RBH.
- ESD team received a referral for ongoing rehabilitation at home. Information handed over included:
 - Mr. 'D' lived with his brother, but his NOK was his ex-wife
 - Prior to his stroke, he was working as a cleaner in 2 separate jobs
 - Upon discharge, his ex-wife would help manage his medication
 - Mr. 'D' had residual difficulties with his communication struggled to follow complex instructions, had difficulties finding the correct word in conversations at times, and was unable to write.
 - Mr. 'D' had also undergone a cognitive assessment, which he scored below the cut-off, presenting with reduced visuospatial awareness, language deficits, poor memory, and inability to think in abstract ways.

ESD initial assessment



First visit

- Identified that Mr. 'D' and his brother live in a co-dependent type setup, and that Mr. 'D' was
 registered as his brother's carer and assisted in helping him with his own medications for his
 Mental Health. They shared roles such as shopping and cooking. Brother expressed his own
 concerns about the support he needs whilst his Mr. 'D' was unwell finances, ?needing to
 find his own job, looking after the house.
- Mr. 'D' and his family/friends recognised that since the stroke, his speech was different, he
 was forgetting things and sometimes confused, his vision was blurred and his right arm was
 weak and uncoordinated. Brother demonstrated difficulty in understanding rehabilitation, and
 that Mr.'D' should improve.
- Mr. 'D' had 2 goals to return to work, and to 'get myself back I've lost myself'.

Therapy assessments



- Over the first week at home, Mr. 'D' was seen by Stroke Specialist Physiotherapist, Occupational Therapist, Speech and Language Therapist, Nurse and Neuro-Psychologist for assessments and treatment planning.
- Found to have:
 - Changes in his emotions getting more easily stressed and frustrated, laughing at inappropriate times. Fearful of dying and being unable to care for brother
 - Reduced coordination and control around his shoulder, impacting on functional use of the right upper limb (e.g cooking). Some difficulty with using objects correctly.
 - Word-finding difficulties in speech, difficulty in understanding the written word
 - Deficits with memory, information processing, attention and sequencing tasks
- Impact on every day life struggling to manage food prep, ex-partner managing medication but long term management of this would need assistance, relationship between Mr. 'D' and brother beginning to break down

ESD actions



Referrals and work with external services

- Early referral made to Bracknell LAP team (Locality Access Point) to request joint assessment for Mr. 'D' and his brother to look at care needs (in line with stroke deficits), social needs and mental health needs (primarily for brother)
- Delay in this being picked up; eventually able to complete a joint assessment with ESD OT and Reablement to handover how to support Mr. 'D' with his physical and cognitive deficits when managing functional tasks to expand rehabilitation opportunities (meal prep, personal care), however, difficulty in SS understanding the neuro-rehab approach and Mr. 'D' unable to see the value in their support, therefore therapeutic activity was not practiced.
- Neuro-Psychologist liaised with Mental Health services, with consent, re. brother to ensure support was available
- Therapy focus initially agreed to be on speech/language skills, right upper limb, and functional task practice to work towards desired goals

ESD challenges



- Brother began to experience a deterioration in his mental health, advised that he had stopped taking his medication.
- Vulnerability of Mr. 'D' and brother highlighted as they both disclosed their own interactions with likely scammers – via social media and telephone. Mr. 'D' reports he would previously have monitored his brothers' interactions, but was no longer able to do so. Safeguarding referral made.
- Mr. 'D's ability to participate in his rehabilitation became compromised as his brother's mental health deteriorated – Mr. 'D' began expressing his own frustration and anxiety with the scenario, vocalised that he 'couldn't cope', and asked for help.
- Brother also made a request for help referenced an increased frequency in paranoid and suicidal thoughts – appropriate questions asked by visiting OT and attempted contact with CRISIS team in the moment, however, voicemail facility available only and no call back received. Required further calls by ESD to try and enable contact, and then a subsequent CPE referral (for brother).

22

ESD challenges



- Further acute episode of mental health breakdown resulted in brother being found by the Police and taken to A&E. ESD required to call SS to escalate the need to review, however, deemed non-urgent and required further follow up the following day.
- Brother's mental health crisis detracted from patient's therapy involvement Mr. 'D' understandably worried, and ESD required to support and advocate for both to help them get the input they required.
- Rehabilitation focus had to be re-evaluated ESD team unable to provide all of the therapy that would be recommended, and coordinate additional referrals, support and professionals' involvement to ensure both Mr. 'D' and his brother remained safe
- MDT agreement that rehab focus would continue to work on communication to help with social interaction, and physiotherapy to work on his arm and general community access as Mr. 'D' most keen on these aspects, and could see their role in achieving his goals.

ESD actions



- Set-up of 'family meeting', with inclusion of Social Services (Mr. 'D's care coordinator from his Re-ablement support), Mr.'D' and his brother, his ex-wife (NOK) and a friend.
- Consent gained for brother's Social Worker to also be included in any actions
- Allowed for an open discussion; Mr. 'D' expressed that (as brothers we) 'Love each other, but I cannot support (...) anymore. I feel hopeless. I couldn't do anything to help (due to stroke deficits) when (...) was 'freaking out' the other day.'

Brother: 'I don't want to see (...) struggle anymore, I want to be a brother again. Want that bond back. I feel helpless too but I can't support (...) either. I put a lot on (...) because he has always been a father figure to me. I lean on him by accident because he has always been there for me and I think the world of him. I can't control my emotions and then I see red and snap at (...). I feel ignored when talking to people on the phone'.

 Agreed that Mr. 'D' would undergo a full Social Services assessment, with the recommendation of allocation of a support worker to assist with general day-to-day management and advocacy, e.g with appointments. A housing assessment would also be requested for both Mr.'D' and brother.





- He was able to access the local community and complete simple shopping tasks and walk for pleasure; ESD supported to explore social groups, and Mr.'D' was keen to pursue this in the future. Was also known to attend a monthly Stroke Group after discharge.
- Mr. 'D's reading returned to his pre-stroke level, and his communication improved so that he was having successful conversations with friends and family.
- Appropriate support was in place / being organised for both Mr.'D' and his brother Social Worker/support worker allocation for both, housing review, mental health review – Mr.'D' was referred to the PINC service for anxiety and stress.
- With support in place for the brother, this enabled Mr.'D' to have more freedom to engage in the activities he wanted/needed to, and removed a lot of stress. As his wellbeing and mental health were better, Mr. 'D' commented that he had a much improved relationship with brother and was no longer having to 'care' for him.
- 'I have come quite a long way in 6 weeks. I'm quite pleased with it. '

Outstanding needs



- Mr. 'D' did not receive all of the cognitive assessment and rehabilitation, that would have been recommended if there were no additional social challenges. Currently in East Berkshire there is not a provision for this for these patients outside of ESD.
- Following discussion with Social Services, a referral was made by ESD to Headway Thames Valley (brain injury charity) for some ongoing cognitive rehabilitation, but this is a paid-for service. A request was made for SS to support this funding, and accessing the service, and it was recently confirmed that this was followed through.
- Mr.D '' is of working age, but was unable to return to work. As he was not ready at point of discharge to consider this, ESD were unable to make appropriate onward referrals to allow him access to other services.





- Following previously challenging cases where complex social needs impact on patient's ability to engage in their Stroke Rehabilitation, ESD team have become more conscious of the need to collaborate with other services and external agencies ASAP and maintain regular contact to ensure the necessary action is taken and followed up.
- Rehabilitation provision is now slightly altered in these cases prioritisation of their rehab needs/desires, to enable other team members to support with the extra liaison required to coordinate the other services.
- Revision of ESD referral form (to be used by acute teams); further clarity around patient's home make-up and whether they are/have dependents, and what this looks like.



Thank you Questions...?



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BOARD OF DIRECTORS MEETING 14.01.25

Board Meeting Matters Arising Log – 2025 – Public Meetings

Key:

Purple - completed Green – In progress Unshaded – not due yet Red – overdue

Meeting Date	Minute Number	Agenda Reference/Topic	Actions	Due Date	Lead	Update	Status
09.07.24	24/124	Digital Strategy Update Report	The Board to have an opportunity to discuss how digital could be used to improve both the quality and efficiency in the way the Trust delivered care in an ideal world that was not constrained by a lack of resources.	December 2024	AG	Discussed at the December 2024 Trust Board Discursive meeting.	
10.09.24	24/161	WRES Report	The Finance, Investment and Performance Committee to receive a report setting out the outcome of the	January 2025	JN	The January 2025 Finance, Investment and Performance Committee meeting	

Meeting Date	Minute Number	Agenda Reference/Topic	Actions	Due Date	Lead	Update	Status
			Trust's Case Work Review.			will receive a report setting out the remit of the case work review and will receive the outcome report in due course.	
10.09.24	24/163	Audit Committee	Future Board updates on Digital to include any developments in the Trust's use of Artificial Intelligence.	December 2024	AG	Discussed at the December 2024 Trust Board Discursive meeting.	
12.11.24	24/193	Health and Wellbeing Update Report	The outcome report of the Wellbeing Review to be presented to a future Board meeting.	May 2025	JN		
12.11.24	24/196	Performance Report	The Trust's Bed Team to attend a future Trust Board Discursive meeting to inform the Trust Board how they managed the mental health bed pressure.	April 2025	TA/JH	On the agenda for the April 2025 Trust Board Discursive meeting.	
12.11.24	24/196	Performance Report	The Chief Operating Officer to forward more information about the male discharge community beds to Sally Glen, Chair of the Quality Assurance Committee.	January 2025	ТА	The Chief Operating Officer emailed Sally Glen with the following information: We currently have 3 male Discharge to	

Meeting Date	Minute Number	Agenda Reference/Topic	Actions	Due Date	Lead	Update	Status
						Assess hospital beds (Woking). There is no local inpatient provider with female capacity although we will be reviewing in the new year. We also have access to both male and female supported discharge beds within local supported living providers.	
12.1.24	24/198	Estates Strategy Update	The Quality Assurance Committee to have an opportunity to discuss the Prospect Park Hospital mental health survey.	January 2026	ММ		
12.11.24	24/202	Council of Governors Update	The Company Secretary to ensure that new Governors were aware of how they could participate in service visits.	December 2024	JH	All Governors were emailed with information about how they could participate in service visits.	



Board Meeting Date	14 January 2024
Title	Executive Report
	Item for Noting
Reason for the Report going to the Trust Board	The Executive Report is a standing item on the Trust Board agenda. This Executive Report updates the Trust Board on significant events since it last met. The Trust Board is requested to seek note the report and to seek any clarification on the issues covered in the report.
Business Area	Corporate Governance
Author	Chief Executive
Relevant Strategic Objectives	The Executive Report is relevant to all the Trust's Strategic Objectives



Trust Board Meeting – 14 January 2025 EXECUTIVE REPORT – Public

1. Never Events

Directors are advised that no 'never events' have occurred since the last meeting of the Trust Board.

Executive Lead: Debbie Fulton, Director of Nursing and Therapies

2. Staff Winter Flu Vaccination Report December 2024

Seasonal flu vaccination remains a critically important public health intervention and a key priority for 2024-25 as part of protecting the public and staff over the winter months.

In the Core NHS standard contract for 2024/25, flu vaccinations for frontline healthcare workers is retained as an employer responsibility to offer and deliver the flu vaccine. For the Covid vaccination, it is advisable for healthcare staff, but not in this year's contract. Berkshire Healthcare have chosen to offer the Covid-19 vaccine to their staff.

The Joint Committee on Vaccination and Immunisation (JCVI) advise that the primary reason to vaccinate frontline healthcare workers is to avoid sickness absences, rather than to protect against transmission or because they are at greater risk of respiratory illness.

The aim is to offer the vaccinations to 100% of frontline healthcare workers, with a minimum uptake of 75% for flu.

We commenced our vaccination programme at the beginning of October 2024 and are providing vaccinations through a variety of means including clinics, peer vaccinators and, recognising that many staff live outside of Berkshire and/or work from home also offer vouchers for flu vaccination. Staff are also encouraged to let us know if they have received their vaccine through other means such as GP or local clinic.

Whole organisational uptake of flu vaccination as of end December is 42.86% Frontline workers update of flu vaccination as of end December is 48.3%

Directorate	% Uptake
Central Services	46.74%

Directorate	% Uptake
Mental Health Services	36.95%
Community Health Services	42.3%%
Children, Family and All Age Services	50.56%

During December 2024, we continued to offer vaccinations at key locations including sites with wards. Vouchers continued to be available to those who preferred to use this method for vaccination, and we continued to collate information of staff who have received their vaccination elsewhere.

The formal programme/vaccination offer across the Trust has now concluded. However, we will continue to collect information on staff vaccinated elsewhere.

Executive Lead: Debbie Fulton, Director of Nursing and Therapies

3. Elective Recovery Plan

On the 6thJanuary, the Prime Minister set out how the NHS will return to the standard of treating 92% of elective patients within 18 weeks. Currently it is hovering around 60%. The waiting list currently stands at 7.5 million, with more than 3 million having already waited longer than the 18-week target.

Trusts will be handed individual targets and will be expected to improve their performance by at least five percentage points by next March. Community diagnostic centres will be required to open for longer hours, and the existing performance management regime will be stepped up. Meanwhile, NHS England will begin to redesign the financial architecture that funnels money to different parts of the health service. Prices paid for treatments with the biggest waits will be reviewed and potentially increased, at least in part to make them more attractive to independent sector providers. Trusts and GPs will get dedicated funding to pay for Advice and Guidance services, which helps to avoid unnecessary hospital referrals. More specific detail will be known when the NHS Operating Plan is published.

Executive Lead: Julian Emms, Chief Executive

4. Engagement Update: Jubilee Ward

Frimley Integrated Care Board as the responsible body has coordinated the following programme of public engagement in Slough and Maidenhead to discuss the proposed change of location for Jubilee Ward

- Overall public, patient/carer engagement process: September 2024 -February 2025
- Engagement live (including web info, survey via digital, media and community channels, drop-in sessions, face to face conversations with inpatients, and focus groups): Mid-October 2024 February 2025

- Analysis and write up of results/insight: February 2025
- Formal engagement with the relevant local authority officers, councillors and overview and scrutiny committees
- Final reporting: End of February/Early March 2025

Opportunities have primarily focused on survey and web-based feedback to date; the ICB are working to set up face to face meetings in January and February.

Survey feedback to date includes:

- The importance of having visitors, with the majority reporting having a visitor/visiting on most days
- All visitors so far have travelled to both wards by car and all have found it easy or very easy to get there.
- Both patients and visitors are reporting the two most important considerations as 1) access to physical rehabilitation and activities
 - 2) visibility of staff in case they need support or to ask a question.
- Narrative comments are mixed in terms of sentiment many expressing concern about moving services away from Slough, however some understanding of the requirement to move and supportive of services in Maidenhead - this seems to be linked to where the patient/visitor currently resides and the impact on them personally.

The Trust has at the same time initiated a programme of staff engagement activities with ward staff on both the Upton and St Marks sites. This includes spending time on the wards speaking to staff, as well as more formal sessions for questions, queries and concerns. Their primary concerns relate to travel to the new ward and maintaining a strong team identity.

Executive Lead: Tehmeena Ajmal, Chief Operating Officer

Presented by: Julian Emms Chief Executive 14 January 2025



Trust Board Paper Meeting Paper

Board Meeting Date	14 January 2025
Title	Finance Report November 2024
	The paper is for noting.
Reason for the Report going to the Trust Board	This is a regular report which provides an update to the Board on the Trust's Financial Performance.
Business Area	Finance
Author	Chief Finance Officer
	Efficient use of resources
Relevant Strategic Objectives	Ambition: We will use our resources efficiently and focus investment to increase long term value
	The report gives an overview of the Trust's financial performance including use of revenue and capital funding and delivery against the cost improvement programme. The Trust's results contribute to the performance of BOB ICS.

Berkshire Healthcare NHS

NHS Foundation Trust

BERKSHIRE HEALTHCARE NHS FOUNDATION TRUST

Finance Report

Financial Year 2024/25

November 2024

Purpose

To provide the Board and Executive with a summary of the Trust's financial performance for the period ending 30 November 2024.

Document Control

Version	Date	Author	Comments
1.0	11/12/24	Rebecca Clegg	Draft
2.0		Paul Gray	Final

Distribution

All Directors.

All staff as appropriate.

Confidentiality

Where indicated by its security classification above, this document includes confidential or commercially sensitive information and may not be disclosed in whole or in part, other than to the party or parties for whom it is intended, without the express written permission of an authorised representative of Berkshire Healthcare NHS Foundation Trust.

		Yea	r to Date		Outturn			
Tar	get	Actual	Plan		Actual	Plan		
		£m	£m	Achieved	£m	£m	Achieved	
1a	Income and Expenditure Plan	1.9	1.9	Yes	1.9	1.9	Yes	
2a	CIP - Identification of Schemes	8.8	8.8	Yes	8.8	13.6	No	
2b	CIP - Delivery of Identified Schemes	8.8	8.8	Yes	8.8	8.8	Yes	
3a	Cash Balance	56.1	52.1	Yes	46.8	46.8	Yes	
3b	Better Payment Practice Code Volume Non-NHS	98%	95%	Yes	95%	95%	Yes	
3c	Better Payment Practice Code Value Non-NHS	98%	95%	Yes	95%	95%	Yes	
3d	Better Payment Practice Code Volume NHS	96%	95%	Yes	95%	95%	Yes	
3e	Better Payment Practice Code Value NHS	95%	95%	Yes	95%	95%	Yes	
4	Capital Expenditure not exceeding CDEL	1.6	4.6	Yes	8.6	8.6	Yes	
5	Agency Ceiling	2.9%	3.2%	Yes	3.2%	3.2%	Yes	

Dashboard & Summary Narrative

Key Messages

The table above provides a high level summary of the Trust's performance against key financial duties and other financial indicators. The key points to note are:

- The planned outturn position for the Trust is a £1.9m surplus. This includes additional funding for depreciation £0.6m, agreed SDF slippage (BOB system) £0.5m and further CIPs to be identified £0.8m. The year to date surplus is in line with plan.
- The Trust has a £13.6m Cost Improvement Plan. We on track year to date, but there are some small variances on individual plans.
- Cash is above plan due to some slippage year to date on the capital programme, which will be resolved by year end as Estates projects completed and IT equipment is delivered.
- Our performance against the Better Payment Practice Code is achieved for 3 targets and is marginally below for the NHS by value target.
- Capital spend is under plan year to date for CDEL schemes but forecast outturn is as per the plan.
- The Trust is working within the agency ceiling.

System Position

- BOB ICS submitted a combined plan of £60m deficit which is in line with the control total agreed by NHSE. NHSE have
 provided repayable £60m of deficit support funding to the system in order to mitigate potential liquidity issues that
 may arise in year. Frimley ICS submitted a combine plan of £25m deficit, again, in line with NHSE's expectations and
 offset with support funding.
- BOB continues behind its plan to date and continues to pursue options to ensure the system meets if financial target for the year. PwC have completed and presented their assessment as part of the Investigation and Intervention regime, with organisations implementing a number of actions recommended in the report.

1. Income & Expenditure

		In Month			YTD		2024/25
Nov-24	Act	Plan	Var	Act	Plan	Var	Plan
	£'m	£'m	£'m	£'m	£'m	£'m	£'m
Operating Income	31.2	31.2	(0.0)	248.2	248.9	(0.6)	373.8
Elective Recovery Fund	1.2	0.3	0.9	4.6	2.7	1.9	4.1
Donated Income	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Total Income	32.5	31.6	0.9	252.9	251.6	1.3	377.9
Staff In Post	22.3	21.7	(0.7)	171.3	170.9	(0.3)	258.0
Bank Spend	1.9	2.2	0.2	15.9	17.0	1.1	25.8
Agency Spend	0.8	0.7	(0.1)	5.5	5.5	(0.0)	8.3
Total Pay	25.0	24.6	(0.5)	192.7	193.4	0.7	292.1
				I			1
Purchase of Healthcare	1.6	1.5	(0.1)	13.7	13.4	(0.3)	19.5
Drugs	0.6	0.5	(0.1)	4.4	4.1	(0.3)	6.1
Premises	1.5	1.4	(0.0)	12.2	11.3	(0.8)	17.1
Other Non Pay	1.8	1.5	(0.3)	13.5	12.5	(1.1)	18.4
PFI Lease	0.7	0.7	0.0	5.7	5.9	0.2	8.8
Total Non Pay	6.1	5.7	(0.5)	49.5	47.2	(2.3)	70.0
Total Operating Costs	31.2	30.2	(1.0)	242.2	240.6	(1.6)	362.1
	10	1.4	(0.1)	107	11.0	(0.2)	15.0
EBITDA	1.3	1.4	(0.1)	10.7	11.0	(0.3)	15.8
Interest (Net)	(0.0)	0.1	0.1	0.0	0.6	0.6	1.0
Depreciation	1.0	0.9	(0.0)	7.4	7.4	0.0	11.2
Impairments	0.0	0.0	0.0	0.3	0.0	(0.3)	0.0
Disposals	0.0	0.0	0.0	(0.0)	0.0	0.0	0.0
Remeasurement of PFI	0.0	0.0	0.0	1.3	2.0	0.7	2.0
PDC	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Total Financing	1.0	1.0	0.1	9.0	10.0	1.0	14.3
			(0.0)	47			45
Reported Surplus/(Deficit)	0.3	0.3	(0.0)	1.7	1.0	0.7	1.5
Adjustments	0.0	0.0	(0.0)	0.0	0.0	(0.0)	0.1
PFI IFRS16 Adjustment	(0.1)	(0.1)	(0.0)	0.2	0.9	(0.7)	0.3
Adjusted Surplus/(Deficit)	0.2	0.2	(0.0)	1.9	1.9	0.0	1.9

Key Messages

The table above gives the financial performance against the Trust's income and expenditure plan as at 31 October 2024.

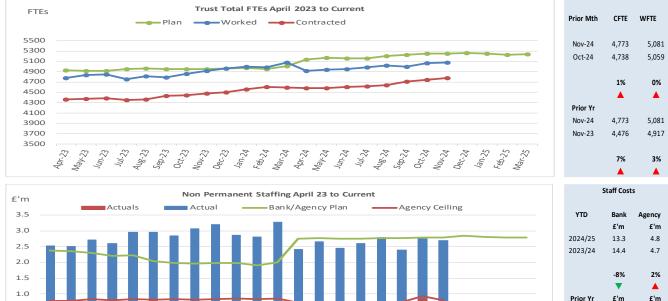
The Trust is planning for a £1.9m surplus. The planned position is a further improvement on breakeven agreed with BOB ICB as part of the over all improvement required to the system financial plan for 2024/25. The £1.9m surplus will be delivered through £0.6m of additional funding for depreciation, £0.5m of SDF slippage and a further £0.8m of cost improvements which are still to be identified.

The Trust now has a cost improvement programme of £13.6m.

Month 8 variances are not material and overall the Trust on plan year to date. Income and expenditure plans have been updated to take account of the higher than planned pay award which was paid in month along with the back dated element. The final elements of the pay award, including back –dating, which were made in month were higher than the accruals entered in month 7 resulting in a small spike in expenditure in month. Overall, £1.1m of the pay award was unfunded due to the way the tariff cost uplift factor is calculated.

Workforce





Key Messages

0.5

0.0

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Pay costs in month were £295m but this includes the final elements of the back dates pay award. In month, contracted WTEs increased by 22 and worked WTEs increased by 33

ANGIN SEPTROCTURE NOTA

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We are operating below the NHSE System Agency Ceiling of 3.2%, currently running at 2.9%. Overall temporary staffing costs are lower than the same period last year.

From November, there have been further reductions for AFC NHSE price cap breaches. Price breaches are now isolated to days shifts within CAMHS Rapid Response (x 3 B7), 1 x SLT, dental nursing ad hoc cover and B7 shifts only in Westcall.

All medical shifts are at breached rates reflecting the challenges in this market, and service declaration of medical agency use has increased to improve the accuracy of breach reporting to NHSE.

Off-framework usage is only within nurseries and dental services. Both are also above price cap but reported to NHSE under off-framework as per the guidance, as well as weekly national and regional reporting.

Nov-24

Nov-23

War-25

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1.9

2.3

-15%

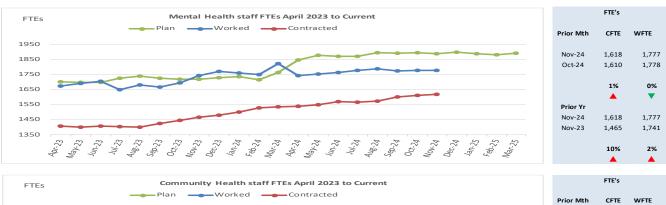
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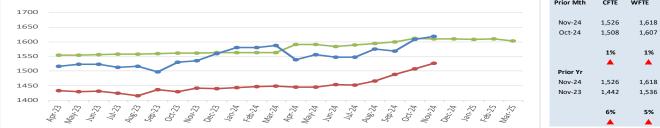
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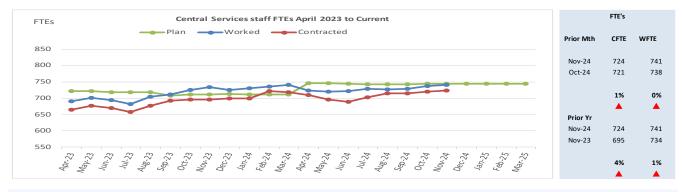
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Staff Detail (Division)





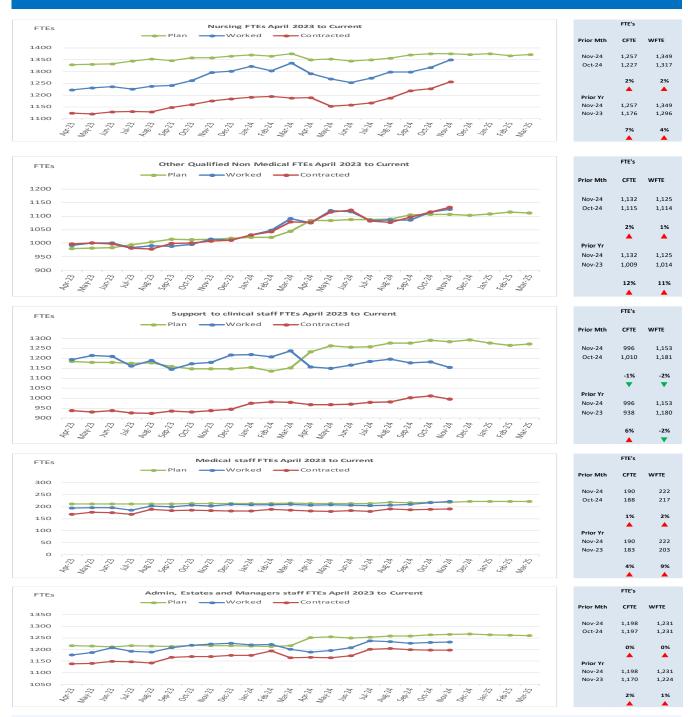




Key Messages

Worked WTEs are below plan for all clinical divisions and central services.

Staff Detail (Staff Group)

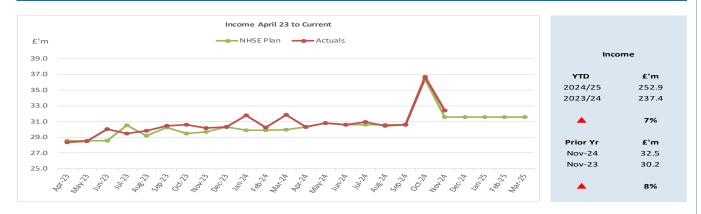


Key Messages

Worked WTE actuals are much closer to plan since the 2022/23 financial reset.

We are still seeing a gap between worked and contracted WTEs for some staff groups which highlights the continued use of agency and bank staff to fill substantive vacancies.

Income & Elective Recovery Fund



Key Messages

Income is ahead of plan year to date due to the recognition of variable income for elective performance which is offset in part by some deferral of income for use in later months.

The financial plan for elective activity has been set at £4m but we targeting higher performance and added a further CIP of £1m. The chart below shows current outpatient activity for each of the ICBs compared with the stretch target of £5m which has been phased evenly across the year. There will also be some inpatient activity included in our performance against plan but further work is require to forecast this accurately, with current values being based on a percentage of prior year average monthly performance.

Elective Activity Performance

ERF Performance against target	BOB	Frimley	Total
Year to Date: November 2024	£000s	£000s	£000s
Baseline	10,398	10,743	21,141
Actual	15,447	10,309	25,755
Value of activity above baseline	5,048	-434	4,614
Income target £4.132m			2,755
CIP £1m			667
Variance (+/-)			1,193

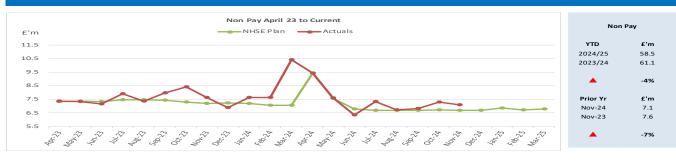
The Trust will receive payment for all activity above the 19/20 baseline which is higher than for 23/24 as it has been adjusted for working days and the current activity prices. The target and income earned will be updated for further price changes resulting from pay awards as they are agreed.

In order to deliver the plan of a £1.9m surplus, the Trust will also need to find additional CIPs of £0.8m and there is potential to secure a contribution from Frimley ICB elective income although a prudent view of the value of the activity is currently assumed along with a return of £135k under performance from 2023/24 to support the Frimley ICS position.

Final outturn for 2023/24 for BOB ICS was higher than forecast and discussion is ongoing with the ICB regarding the treatment of this in 2024/25.

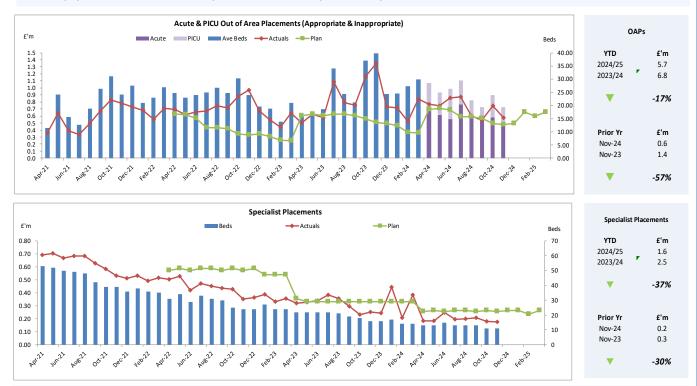
We are incurring additional cost for outsourcing to deliver Frimley activity which will need to be offset against any over performance but which is included in the Trust's run rate.

Non Pay & Placement Costs



Key Messages

The non-pay variance includes an overspend on OAPs and LD placements year to date.



Key Messages

Out of Area Placements. The average number of placements has decreased from 24 in October to 19 in November. Analysis highlights that the high level of placements continues to be driven by demand, and that flow through the hospital continues to improve, with more discharges and fewer lost bed days per patient. The monthly costs were £0.6m which is above plan and reflects the high level of PICU placements.

We now have a dedicated clinical lead for the delivery of the bed optimisation programme, and this post has supported improving flow, including through daily bed flow meetings, development of a new bed flow dashboard which has provided improved visibility and locality oversight of admission numbers and LOS and also improved identification and escalation of MOFD/CRFD patients. We have agreed that reducing lost bed days linked to patients who are CRFD as a breakthrough objective and set a very ambitious target of 250 bed days per month. Progress against this target is monitored in QPEG. We will continue to spot purchase PICU beds where they are clinically required. We continue to have significant demand for PICU beds especially for patients with forensic backgrounds, which do not count as an inappropriate out of area bed against the OAPs trajectory but which do have a financial impact.

The Board agreed a reduction in acute bed at PPH to 72 from Q3, which is delayed until Q4 to support the transition of patients to the new outsourced ward and minimise cross over between the 2 independent sector providers. These beds will be reprovisioned to provide an overall acute bed base of 90 beds. We currently have 91 made up of 80 at PPH and 11 commissioned on a block booked basis. Additionally, we have 3 male discharge to assess beds to support flow from PHH when patients are CRFD but a placement or support package is delayed.

Specialist Placements. The average number of placements remains at 11. We have 2 **LD placements** causing an in month cost pressure of £0.1m, but it expected that these will be short term.

Cost Improvement Programme

Description	Directorate	Development Status	Risk	Plan	YTD Actual	YTD Plan	Variance
				£k	£k	£k	£K
Contribution from new income - CJLD	Mental Health	Fully developed	Low	354	236	236	0
Contribution from new income - MHICS	Mental Health	Fully developed	Low	175	117	117	0
Contribution from new income - Imms	Children families and All Age Services	Fully developed	Low	444	296	296	0
Contribution from new income - small CH schemes	Cimmunity Health	Fully developed	Low	124	83	83	0
Contribution from new income - small CYP schemes	Children families and All Age Services	Fully developed	Low	154	103	103	0
Contribution from new income - seasonal bed occupancy	Community Health	Fully developed	Medium	80	53	53	0
Other small divisional schemes	Various	Fully developed	Low	670	447	447	0
New contract with EE	Central Services - IM&T	Fully developed	Low	106	71	71	0
Estates & Facilities Control Total review	Central Services - Estates & Facilities	Fully developed	Low	376	251	251	0
Increased Contribution to Central Costs	Central Services - Pharmacy Procurement	Fully developed	Low	98	65	65	0
LPS Admin Posts	Central Services - Nursing & Governance	Fully developed	Low	66	44	44	0
Increased Contribution to Central Costs	Central Services - R&D	Fully developed	Low	102	68	68	0
PICU Placement reduction	Mental Health	Fully Developed - not yet started	Medium	1,049	0	699	-699
Asset revaluation to Modern Equivalent Asset	Central Services - Finance	Fully Developed	Low	670	448	447	1
Opt to tax - frimley	Central Services - Finance	Plans in progress	Medium	300	0	200	-200
Liaison VAT, AP review etc	Central Services - Finance	Plans in progress	Medium	100	120	67	53
Overseas Visitors	Central Services - Finance	Opportunity	Medium	50	0	33	-33
Bank Interest	Central Services - Finance	Fully Developed	Low	230	699	153	546
Balance Sheet Review	Central Services - Finance	Fully Developed - not yet started	Medium	2,106	0	1,404	-1,404
Scheduled Care Cost Avoidance	Community Health	Fully Developed	Low	399	266	266	0
Expenses Controls	Community Health	Fully Developed - not yet started	Low	120	30	80	-50
Elective Recovery	Community Health	Fully Developed	Medium	1,000	1,911	667	1,244
Operational Slippage Against Control Total	Operations	Fully Developed	Low		2,980	0	2,980
Agreed Investment Slippage	Operations	Fully Developed	Low	500	500	500	0
Recurrent Schemes to be developed	To be confirmed	Opportunity	High	4,327	0	2,437	-2,437
			Total	13,600	8,786	8,786	0

Key Messages

The Trust's initial financial plan included £12.8m of CIPs to get to breakeven. A further £0.8m has been added due to the Trust agreeing a final plan of £1.9m.

Schemes are broadly phased in equal 12ths although some schemes will likely begin to delivery later in the year.

The PICU placement reduction scheme is phased in line with the MH beds paper approved by the Trust Board and is currently behind plan due to demand pressure on our beds.

We are recognising ERF income in line with current forecasts.

The expenses control scheme is linked to a specific initiative and although originally phased across the year, will now start in Q2.

Most of the divisional schemes are already in place and operating with control totals already reduced accordingly. Further slippage against control total is being used to balance the overall position. Balance sheet review will be used to ensure that the overall target is achieved later in the year.

Some schemes are not yet started and therefore variances against plan are shown. The VAT scheme is complete with £120k of savings (net of fees), slightly higher than plan.

Bank interest continues to be higher than planned due to higher than expected average cash balances.

Recurrent schemes are to be developed as part of the closing the gap programme.

Balance Sheet & Cash

	2023/24	C	urrent Mon	th		YTD	
	Actual (Audited)	Act	Plan	Var	Act	Plan	Var
	£'m	£'m	£'m	£'m	£'m	£'m	£'m
Intangibles	1.8	1.2	1.2	0.0	1.2	1.2	0.0
Property, Plant & Equipment (non PFI)	33.0	31.3	33.3	(2.0)	31.3	33.3	(2.0)
Property, Plant & Equipment (PFI)	45.9	45.0	46.9	(1.9)	45.0	46.9	(1.9)
Property, Plant & Equipment (RoU Asset)	15.2	13.9	14.5	(0.6)	13.9	14.5	(0.6)
Receivables	0.2	0.2	0.2	0.0	0.2	0.2	0.0
Total Non Current Assets	96.1	91.6	96.1	(4.5)	91.6	96.1	(4.5)
Trade Receivables & Accruals	12.1	19.3	16.9	2.4	19.3	16.9	2.4
Other Receivables	0.3	0.3	0.3	0.0	0.3	0.3	0.0
Cash	52.6	56.1	52.1	4.0	56.1	52.1	4.0
Trade Payables & Accruals	(37.2)	(41.6)	(39.5)	(2.1)	(41.6)	(39.5)	(2.1)
Borrowings (PFI and RoU Lease Liability)	(6.2)	(2.5)	(7.6)	5.1	(2.5)	(7.6)	5.1
Other Current Payables	(12.0)	(14.3)	(13.2)	(1.1)	(14.3)	(13.2)	(1.1)
Total Net Current Assets / (Liabilities)	9.6	17.3	9.0	8.3	17.3	9.0	8.3
Non Current Borrowings (PFI and RoU Lease							
Liability)	(54.9)	(56.2)	(53.5)	(2.7)	(56.2)	(53.5)	(2.7)
Other Non Current Payables	(2.1)	(2.4)	(2.2)	(0.2)	(2.4)	(2.2)	(0.2)
Total Net Assets	48.7	50.3	49.4	0.9	50.3	49.4	0.9
Income & Expenditure Reserve	5.3	6.9	19.0	(12.1)	6.9	19.0	(12.1)
Public Dividend Capital Reserve	21.4	21.4	21.4	0.0	21.4	21.4	0.0
Revaluation Reserve	22.0	22.0	9.0	13.0	22.0	9.0	13.0
Total Taxpayers Equity	48.7	50.3	49.4	0.9	50.3	49.4	0.9

Key Messages

Our cash balance is higher than plan in month. The employer's pension and NI contributions related to the pay award were be paid in November along with some final elements of the pay award. The higher than planned balance relates to slippage in the capital programme.



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Capital Expenditure

		Current Mont	h		Year to Date		FY	Forecast	FY
Schemes	Actual	Plan	 Variance	Actual	Plan	Variance	Plan	Outturn	Variance
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Estates Maintenance & Replacement Expenditure	2 000	2.000	2000	2000	2000	2.000	2000		2000
Trust Owned Properties	33	70	(37)	334	407	(73)	477	903	426
Nicholson House Relocation	0	0	0	0	0	0	500	0	(500)
Jubilee Ward Relocation Upton/St Marks	0	0	0	0	0	0	150	100	(50)
Additional Dental Surgery St Marks	0	33	(33)	0	87	(87)	185	311	126
Leased Non Commercial (NHSPS)	39	60	(21)	113	170	(57)	275	522	247
West/Reading Consolidation - Bath Road, Cremyll Road, Coley Cli	16	133	(117)	112	667	(554)	800	800	0
Leased Commercial	(1)	25	(26)	57	110	(53)	135	186	51
Environment & Sustainability	17	22	(5)	62	129	(67)	150	64	(86)
Audiology Equipment	33	30	2	42	151	(109)	181	160	(21)
Various All Sites	3	44	(41)	127	217	(90)	306	234	(72)
Statutory Compliance	3	30	(27)	41	120	(79)	160	82	(72)
Subtotal Estates Maintenance & Replacement	143	448	(305)	889	2,057	(1,168)	3,319	3,362	43
IM&T Expenditure	145	-10	(505)	005	2,007	(1,100)	3,515	5,502	-13
Business Intelligence and Reporting	0	15	(15)	14	90	(76)	160	144	(16)
Hardware Purchases - Refresh & Replacement	48	741	(693)	78	1,482	(1,404)	3,447	3,447	0
Additional Divisional Spend	57	53	3	275	362	(2) (87)	687	810	123
Digital Strategy	38	62	(24)	365	423	(58)	650	600	(50)
EMIS and ePMA systems re-tender project	0	5	(5)	0	70	(70)	207	207	0
Pharmacy System Procurement	0	33	(33)	0	67	(67)	100	0	(100)
Subtotal IM&T Expenditure	143	909	(767)	732	2,494	(1,761)	5,251	5,208	(43)
Subtotal CapEx Within Control Total	285	1,357	(1,072)	1,621	4,551	(2,929)	8,570	8,570	0
		-,	(-/-/-)	-,	.,	(-//	-,	-,	-
CapEx Expenditure Outside of Control Total									
Place of Safety	17	400	(383)	263	800	(537)	2,600	2,592	(8)
Anti-Ligature Toilet Pans & Basins	65	74	(9)	405	607	(202)	681	681	0
Low Carbon Heating Scheme	6	69	(62)	124	137	(13)	406	406	0
LED Lighting Upgrades	0	33	(33)	0	117	(117)	250	250	0
Other PFI projects	0	68	(68)	63	357	(294)	575	583	8
Subtotal Capex Outside of Control Totals	88	644	(556)	855	2,018	(1,163)	4,512	4,512	(0)
Central Funding									
Critical Infrustructure Risk funding	0	0	0	0	0	0	0	364	364
Subtotal Central Funding	0	0	0	0	0	0	0	364	364
Sub Total Central Funding &Outside of ControlTotals	88	644	(556)	855	2,018	(1,163)	4,512	4,876	364
Total Capital Expenditure - all funding sources	373	2,001	(1,628)	2,476	6,569	(4,092)	13,082	13,446	364
IFRS16 ROU ASSETS - New Leases									
Lower Henwick Farm lease	0	0	0	169	200	(31)	200	169	(31)
Cremyll Road Lease	(145)	0	(145)	118	450	(332)	450	118	(332)
Chalvey Lease	0	0	0	0	750	(750)	750	600	(150)
Bath Road	0	0	0 0	0	100	(100)	100	0	(100)
Bracknell Healthspace	0	0	0	0	0	0	500	0	(500)
Calcot Surgery	0	0	0	23	24	(1)	24	23	(1)
Lake Road Health Centre - rent remeasurement	0	0	0	7	0	7	0	7	7
Harry Pitt Property lease	0	0	0	0	0	0	0	68	68
Lease cars	(13)	0	(13)	(2)	0	(2)	0	(2)	(2)
ColN	(126)	42	(15)	15	332	(2)	500	124	(376)
Total IFRS 16 RoU Assets - New leases	(120)	42	(326)	330	1,856	(1,526)	2,524	1,107	(1,417)
TOTAL IL NO TO NOO MODELO - INEM IEGOED	(204)	42	(320)	330	1,000	(1,520)	2,324	1,107	(1,417)

Key Messages

At M08, CDEL schemes are underspent by £1.1m for the month, with the YTD total underspend being £2.9m. Estates is underspent by £1.2m mainly due to the West Reading consolidation project, which is still in design stage. IM&T is underspent by £1.8m mainly due to underspend on Refresh & Replacement project, however order has since been raised for £2.9m, which will bring the spend in line with the plan.

Non-CDEL spend for PFI sites was underspent by £0.6m for the month and YTD it is underspent by £1.2m, mainly due to the antiligature toilets and basins project, which is now progressing and due to be delivered. The work on PFI Place of Safety project has now commenced and cost is expected to flow from next month with expected completion by mid March.

There is an underspend on IFRS16 Right of Use Assets of £1.5m Year to date, mainly due to Chalvey Lease which will not be completed until March. CoIN leases are underspent by £0.3m due to the timing difference between the financial plan and lease agreements being in place. Combined forecasted spend is expected to be £1.4m lower than planned for the year, mainly as a result of slip page on projects which involve system partners i.e. West Reading Consolidation (Cremyl Road and Bath Road) and Bracknell Healthspace.



Trust Board Paper Meeting Paper

Board Meeting Date	14 th January 2025
Title	True North Performance Scorecard Month 8 (November 2024) 2024/25
	The Board is asked to note the True North Scorecard.
Reason for the Report going to the Trust Board	To provide the Board with the True North Performance Scorecard, aligning divisional driver metric focus to corporate level (Executive and Board) improvement accountability against our True North ambitions, and Quality Improvement (QI) break through objectives for 2024/25.
Business Area	Trust-wide Performance
Author	Chief Operating Officer
Relevant Strategic Objectives	The True North Performance scorecard consolidates metrics across all domains. To provide safe, clinically effective services that meet the assessed needs of patients, improve their experience and outcome of care, and consistently meet or exceed the standards of Care Quality Commission (CQC) and other stakeholders.
	Patient safety
	Ambition: We will reduce waiting times and harm risk for our patients
	Patient experience and voice
	Ambition: We will leverage our patient experience and voice to inform improvement
	Health inequalities

Ambition: We will reduce health inequalities for our most vulnerable patients and communities
Workforce
Ambition: We will make the Trust a great place to work for everyone
Efficient use of resources
Ambition: We will use our resources efficiently and focus investment to increase long term value

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True North Performance Scorecard – Business Rules & Definitions

The following metrics are defined as and associated business rules applied to the True North Performance Scorecard:

Driver - True North / break through objective that has been	Tracker Level 1- metrics that have an	Tracker - important metrics that require oversight but
prioritised by the organisation as its area of focus	impact due to regulatory compliance	not focus at this stage in our performance methodology

Rule #	Metric	Business Rule	Meeting Action
1	Driver is Green in current reporting period	Share success and move on	No action required
2	Driver is Red in current reporting period	Share top contributing reason , the amount this contributor impacts the metric, and summary of initial action(s) being taken	Standard structured verbal update
3	Driver is Red for 2+ reporting periods	Produce full structured countermeasure summary	Present full written countermeasure analysis and summary
4	Driver is Green for 6 reporting periods	Retire to Tracker level status	Standard structured verbal update and retire to Tracker
5	Tracker 1 (or Tracker) is Green in current reporting period	No action required	No action required
6	Tracker is Red in current reporting period	Note metric performance and move on unless they are a Tracker Level 1	If Tracker Level 1, then structured verbal update
7	Tracker is Red for 4 reporting periods	Switch to Driver metric	Switch and replace to Driver metric (decide on how to make capacity i.e. which Driver can be a Tracker)

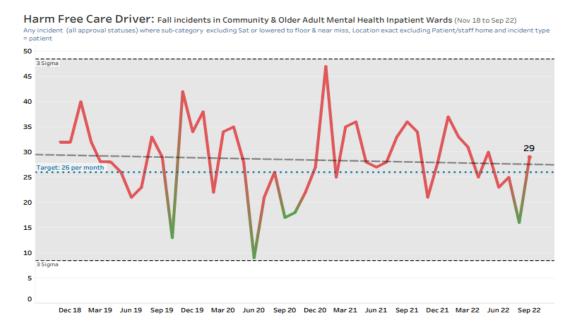
Business Rules for Statistical Process Control (SPC) Charts

Why Use SPC Charts

We intend to use SPC charts to gain a better understanding about what our data is telling us. We can use this understanding to support making improvements. It will ensure we don't overreact to normal variation within a system.

Components of an SPC Chart

The charts have the following components with an example below:



- A target line (the blue dotted line)
- A longer series of data points
- Upper Control Limit (UCL) to 3 Sigma
- Lower Control Limit (LCL) to 3 Sigma
 - These process limits (UCL & LCL) are defined by our data and calculated automatically. If nothing changes with the process, we can expect 99% of data points to be within these limits. They tell us what our system is capable of delivering. Our data will vary around these process limits. It provides a context for targeting improvement.

Variation

There are 2 types of variation:

- 1. Common cause variation, which is 'normal' variation (within the UCL & LCL)
- 2. Special cause variation (or unusual variation) which is something outside of the normal variation and outside of the process control limits (UCL & LCL)

Rules

- A series of 6 or more data points above or below the target is statistically relevant. It indicates that something in process has changed.
- A trend: either rising or falling of more than 6 data points we should investigate what has happened.
 - We should reset baseline following a run of 6 data points (either up or down).
- Follow the True North Performance business rules for other metric actions.

True North Performance Scorecard Highlight Report – November 2024

The True North Performance Scorecard for Month 8 2024/25 (November 2024) is included. Performance business rule exceptions, red rated with the True North domain in brackets.

The business-based rules and definitions are included, along with an explanation of Statistical Process Control (SPC) Charts, which are used to support the presentation of Breakthrough metrics: <u>Definitions and Business Rules [Link]</u> and <u>Understanding Statistical Process Control Charts [Link]</u>

Breakthrough and Driver Metrics

- Bed Days Occupied by Patients who are Discharge Ready (Community Physical Health) (Patient Experience) has reduced to 856 against a 500-bed day target.
 - Reduced figure from last month to 856 consisting of 145 patients averaging 6.1 days delay. Only 8 patients with a discharge of over 21 days this month which accounted for 202 days. Highest contributing factor is awaiting package of care affecting over 37% of bed days lost. 33.7% of patients were discharged without delay.

The following Breakthrough metrics are Green and are performing better than agreed trajectories or plan.

- Restrictive Interventions (Harm Free Care) 236 against a revised target of 241.
 - The number of patients requiring rapid tranquilisation has increased this month. Seclusion and duration are top contributors, so the team are looking at how this can be reduced, including de-escalation and patients having a clear exit plan. Out of 54 instances of PMVA (Prevention and Management of Aggression), 22 were for one patient on Rose ward to prevent them from self-harming; as part of their care plan. Main contributors to PMVA are self-harm and aggressive behaviours. Countermeasures include reducing time in seclusion and implementing audit actions in the new year.
- Clinically Ready for Discharge by Wards including Out of Area Placements (OAPs) (Mental Health)
 (Patient Experience) is at 186 against a 250-bed day target.
 - The data now includes Out of Area Placements and Psychiatric Intensive Care Unit (PICU), older adults but excludes Learning Disability patients. Top contributor is Reading with 103 bed days lost for 4 patients. Top contributing wards were Rose, Rowan and Bluebell. For several months Bluebell has had the longest length of stay, which is being reviewed. Both Daisy and Snowdrop wards have had no bed days lost for 2 months. Countermeasure include using the last 3 years data to inform Crisis and Community teams to work with patients identified to try to avoid admission.
- Physical Assaults on Staff (Supporting our Staff) 32 against a revised stretch target of 36.
 - Target revised down to 36 incidents per month as a stretch. Top contributing wards are Daisy (7), Campion (5) and Rowan (4). There is a slow reduction in incidents. Staff are reporting they are feeling reassured as they receive outcome updates from actions taken such as the prosecution of perpetrators and regular inclusion of the Police at weekly huddles. Rose ward is piloting semi-structured co-production with patients to understand triggers and contributing factors to assaultive behaviour. Learning will be applied across all wards once findings available.

Driver Metrics

The following metrics are Red and not performing to plan.

• I Want Great Care Compliance Rate (Patient Experience) – at 3.69% against a 10% target.

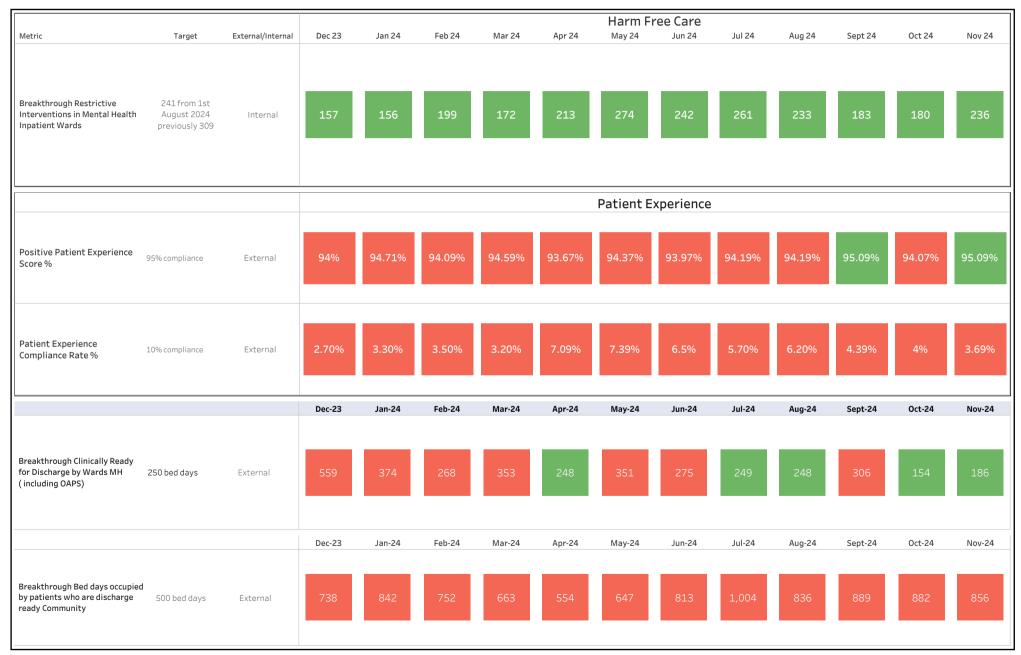
The following metrics are Green and are performing better than agreed trajectories or plan.

- I Want Great Care Positive Score (Patient Experience) at 95.09% against a 95% target.
- Staff turnover (excluding fixed-term posts) (Supporting our Staff) at 11.57% against a stretch target of 10% target by March 2025.
- Year to Date Variance from Control Total (£'k) (Efficient Use of Resources) at -£2k against a target of 0.
- Inappropriate Out of Area Placements (OAPs) (Mental Health) (Patient Experience) at 0 against a quarter 3 target of 3 patients.

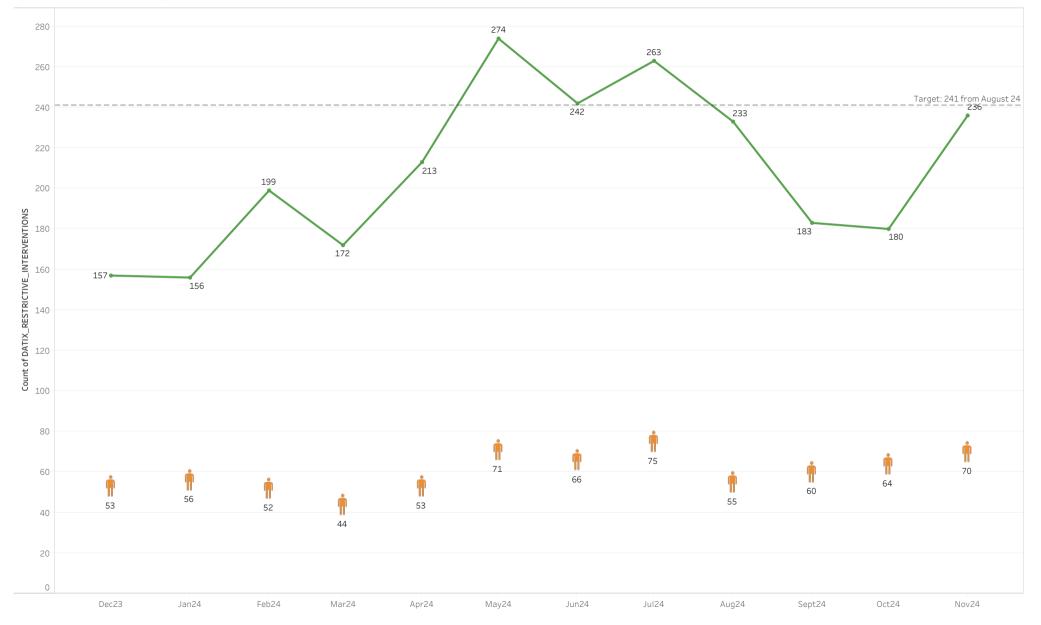
Tracker Metrics

- Sickness rate (Supporting Our Staff) red at 4.7% against a target of 3.5%.
- Talking Therapies in Treatment pathway waits of 90 days for 2nd appointment (Frimley) (Patient Experience) 22% against a target of less than 10%.
- Talking Therapies in Treatment pathway waits of 90 days for 2nd appointment (BOB) (Patient Experience) 23% against a target of less than 10%.
- Estimated Diagnosis Rate for Dementia (BOB) (Patient Experience) 66.25% against a target 66.67%.
- Patient Safety Alerts Not Completed by Deadline (year to date) (Patient Experience) 1 year to date against a target of 0.
- Community Inpatient Occupancy (Efficient Use of Resources) at 91.3% against a target of 85%.
- Community Inpatient Average Length of Stay (bed days) (Efficient Use of Resources) at 24.3 days against a target of less than 21 days.
- Mental Health Acute Occupancy rate (excluding home leave) (Efficient Use of Resources) at 97.6% against an 85% target.
- Mental Health: Acute Average Length of Stay (bed days) (Efficient Use of Resources) at 40.5 days against a target of 30 days.
- Mental Health: Non-Acute Occupancy Rate (excluding home leave) (Efficient Use of Resources) at 86.14% days against a target 80%.
- Community Virtual Ward Occupancy (BOB) (Efficient Use of Resources) at 79.6% against a target of 80%.

Performance Scorecard - True North Drivers



Harm Free care-Breakthrough Objective: Restrictive Interventions in Mental Health Inpatient Wards (Dec23 to Nov24)



Performance Scorecard - True North Drivers

					Sup	porting o	ur Staff							
Metric	Threshold / Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Breakthrough Physical Assaults on Staff	36 per month Sept 2024	Internal	108	67	75	58	30	38	55	64	46	70	66	32
Staff turnover (excluding fixed term posts)	10% by March 2025	External	12.87%	12.33%	12.83%	12.28%	12.4%	12.60%	12.59%	12.49%	12.32%	12.07%	11.54%	11.57%
					Efficie	nt Use of	Resources	5						
YTD variance from control total (£	5' k) 0	External	-1712	-1914	-1648	-2476	0	0	-26	-103	-9	-16	-17	-2
			Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Active Inappropriate OAPS at end month	of <8Q1,5Q2, 3Q3,1Q4	' External					5	3	4	3	4	7	4	0

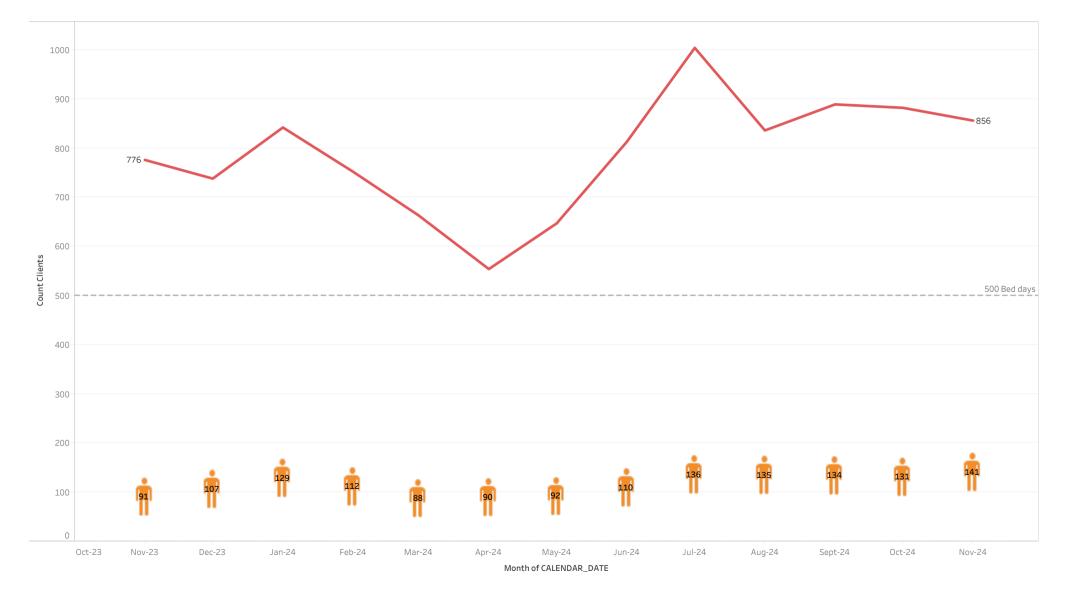
Patient Experience: Breakthrough Objective Clinically Ready for Discharge by Wards MH (Including OAPS) (Dec 2023- Nov 2024)

All Mental Health wards excludes Campion ward (Learning Disability)



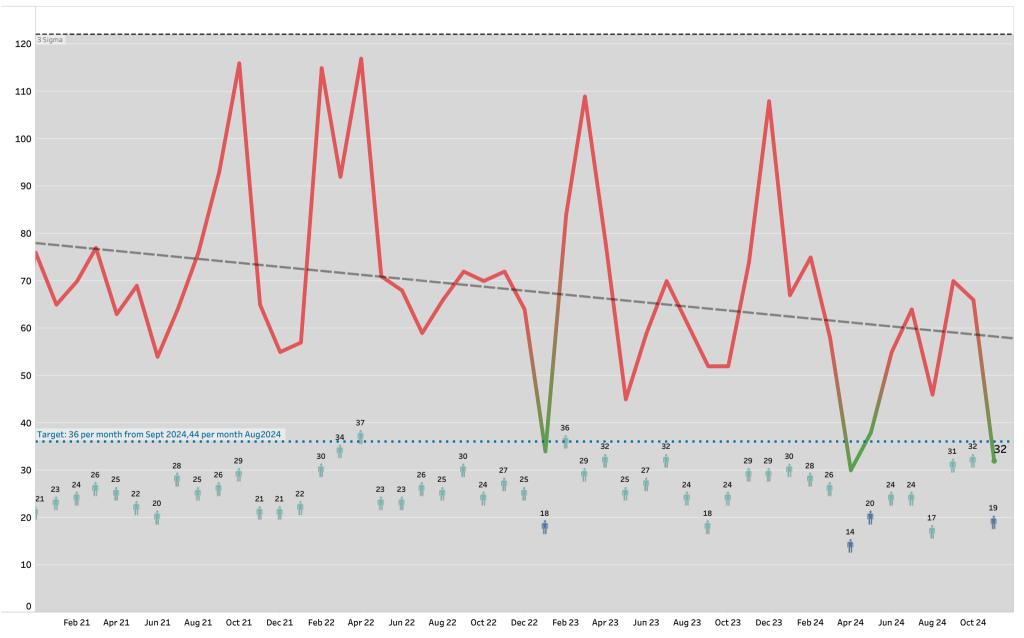
Patient Experience- Breakthrough Objective: Bed days occupied by patients who are discharge ready Community (Nov 2023- Nov 2024)

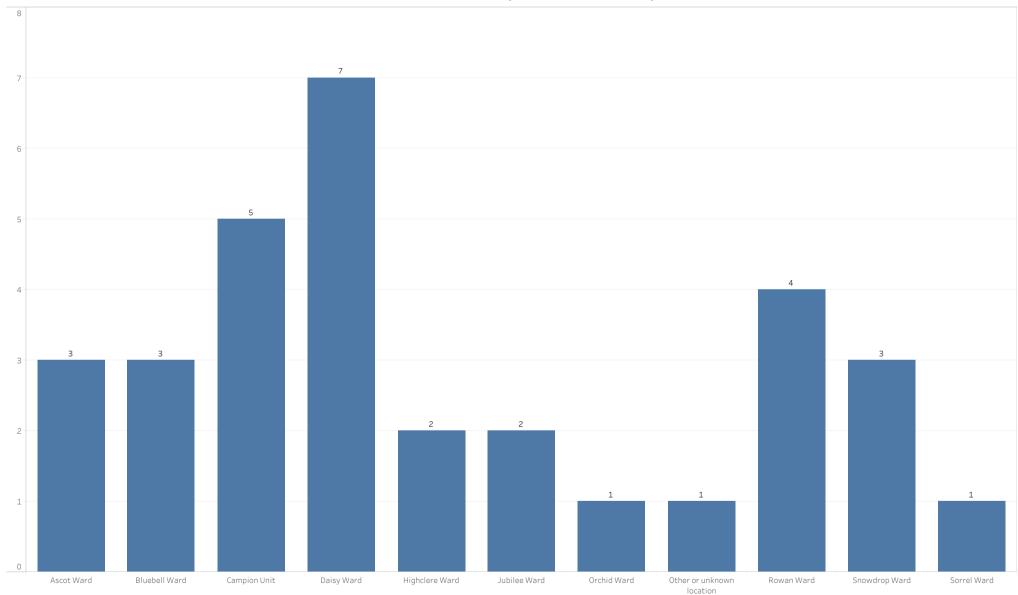
All Community health wards



Supporting Our Staff - Breakthrough Objective : Physical Assaults on Staff (Nov 20 to Nov 24)

Any incident where sub-category = assault by patient and incident type = staff





Supporting Our Staff : Physical Assaults on Staff by Location (November 2024)

			True	North	Suppo	orting (Our St	aff Sur	nmary	,				
Metric	Threshold / Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Statutory Training: Fire: %	90% compliance	Internal	93.9%	93.9%	93.5%	93.5%	94.6%	95.5%	95.3%	95.7%	95.5%	95.9%	96.0%	96.1%
Statutory Training: Health & Safety: %	90% compliance	Internal	96.5%	96.4%	96.6%	96.7%	96.9%	97.0%	97.3%	97.3%	97.6%	97.6%	97.6%	97.8%
Statutory Training: Manual Handling: %	90% compliance	Internal	93.0%	93.3%	93.0%	92.2%	93.7%	93.7%	94.3%	94.8%	94.9%	94.2%	94.5%	93.7%
Mandatory Training: Information Governance: %	95% compliance	Internal	97.4%	97.5%	97.1%	96.7%	97.7%	98.2%	98.1%	98.2%	98.4%	98.5%	97.9%	98.9%
Sickness Rate: %	<3.5%	External	4.6%	4.8%	4.1%	3.7%	3.9%	3.8%	3.7%	4.1%	4.1%	4.5%	4.7%	

True North Patient Experience														
Metric	Target E	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
A&E: Maximum wait of four hours fror arrival to admission/transfer /discharge: %	n 95%	External	99.14	99.5	99.40	99.35	98.60	99.37	98.89	98.76	99.31	99.17	99.05	99.31
Community Health Services: 2 Hour Urgent Community Response %.	80%+	External	81.8%	82.5%	86.7%	87.7%	86.2%	84.6%	84.7%	88.7%	91.4%	89.2%	91.4%	90.9%
Number of Adults on community Health waiting lists by system (BOB)	No Trust Target	External	6819	7039	6596	7095	6936	7231	7432	7102	7409	7786	7523	7092
Number of Adult on community Health waiting lists by system (Frimley)	No Trust Target	External	5962	5798	5796	5678	6124	6376	6223	5882	6188	6307	5968	5792
Community Dentistry Activity (ytd)	Total Trust UDA per Annum 9037 CDS & 2000 DAC. 919 per month	External	7359	8412	9349	9827	725	1441	2116	2314	4560	4723	5576	6383
Diabetes - RTT (Referral to treatment) waiting times - Community: incomplete pathways (how many within 18 weeks): %	95% seen	External	100	100	100	100	100	100	100	100	100	100	100	100
CPP- RTT (Referral to treatment) waiting times - Community: incomplete pathways (how many within 18 weeks): %	95% seen	External	100	100	100	100	100	100	100	99.59	100	100	100	100
Number of Patients not seen on RTT waiting over 52 weeks	0	External	1	1	0	1	0	1	0	0	0	0	0	0
Number of Patients not seen on RTT waiting over 65+ weeks	0	External	1	1	0	1	0	1	0	0	0	0	0	0
Proportion of patients referred for diagnostic tests who have been waiting for less than 6 weeks (DM01 - Audiology): %	95% seen	External	97.79	95.18	99.53	97.03	98.21	71	98.92	96.20	96.39	98.40	98.62	98.48

True North Patient Experience														
Metric	Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Falls incidents in Community & Older Adult Mental Health Inpatient Ward		Internal	29	26	31	26	23	15	19	27	28	37	9	19
Health Visiting: New Birth Visits Wit 14 days: %	thin 90% compliance	Internal	89.2%	81.6%	91.4%	86.1%	80.2%	86.6%	85.8%	96.6%	94.6%	90.2%	84.3%	89.1%
Number of CYP (0-17 years) on Community Health waiting lists by system Frimley (YTD)	No Trust Target	External	2201	2284	2165	2244	2206	2359	2347	2113	2081	2149	2100	2047
Number of CYP (0-17 years) on Community Health waiting lists by system BOB (YTD)	No Trust Target	External	1573	1531	1351	1374	1281	1370	1433	1305	1241	1351	1315	1282
CYP referred for an assessment or treatment of an ED will access NICE treatment <1 week (Urgents): %	95%	Internal	50%	50%	100%	100%	40%	50%	100%	100%	60%	100%	100%	100%
CYP referred for an assessment or treatment of an ED will access NICE treatment <4 weeks (Routines): %	95%	Internal	100%	87.5%	85.7%	60%	100%	90.9%	66.7%	80%	100%	100%	100%	100%
Access to Children and Young People's Mental Health Service 0-17 1+ Contact Frimley	Cumulative Year to Date Target for Frimley for 2024/25 Minimum 2353 Cumulative YtD figures shown	. External	4859	5011	5167	5318	5481	5645	5808	6071	6221	6370	6538	6719
Access to Children and Young People's Mental Health Service 0-17 1+ Contacts BOB	Cumulative Year to Date Target for Frimley for 2024/25 Minimum 2353.Cumulative YtD figures shown	External	6962	7191	7385	7587	7801	8030	8234	8478	8638	8821	9054	9275
Access to Children and Young People's Mental Health Service Aged 18-24 1+ Contacts measured from Data Set BOB	Cumulative Year to Date figure given 2024/25 Minimum BOB target 222	External 2	2732	2824	2881	2954	3025	3112	3179	3279	3339	3430	3546	3653
Access to Children and Young People's Mental Health Service 18-24 1+ Contact Frimley	Cumulative Year to Dat figure given 2024/25 Minimum BOB target 23	External	1860	1927	1977	2037	2087	2156	2194	2263	2327	2385	2446	2511

True North Patient Experience														
Metric	Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Talking Therapies Referral to Treatment 75% within 6 weeks BOB	75%	External	86%	88%	90%	93%	99%	91%	91%	88%	87%	90%	93%	94%
Talking Therapies Referral to Treatment 75% within 6 weeks Frimley	75%	External	91%	88%	92%	90%	90%	91%	93%	87%	87%	90%	91%	92%
Talking Therapies Referral to Treatment 95% within 18 weeks BOB	95%	External	100%	100%	100%	100%	100%	100%	100%	99%	100%	100%	99%	100%
Talking Therapies Referral to Treatment 95% within 18 weeks Frimley	95%	External	100%	100%	100%	100%	100%	100%	99%	100%	99%	100%	100%	100%
Numbers of OA receiving a course of treatment (2+ contacts) as a % of total BOB	6%	External					5.7%	6.5%	7.0%	7.0%	7.0%	7.7%	5.2%	6%
Numbers of OA receiving a course of treat (2+ contacts) as a % of total Frimley	7%	External					9%	5.7%	6.2%	10%	7.7%	6.7%	7.0%	6%
Talking Therapies Overall receiving a course of treatment (2+ contacts) BOB	60%	External						61%	64%	63%	64%	61%	64%	65%
Talking Therapies Overall receiving a course of treatment (2+ contacts) Frimley	60%	External						56%	61%	55%	60%	56%	57%	53%

True North Patient Experience														
Metric	Proposed Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Talking Therapies Recovery rates BOB	50%	External	49.39%	49%	44%	49.5%	50%	52.80%	46%	53%	52.5%	51.60%	52.70%	52.70%
Talking Therapies Recovery rates Frimley	50%	External	47.39%	48%	44%	47%	45%	51%	47%	50%	51.39%	54.40%	51.80%	54.60%
Talking Therapies Reliable Improvement for those completing a course of treatment Frimley	a 67%	External					59%	63.80%	65%	62%	65.40%	69%	68%	66%
Talking Therapies Reliable Improvement for those completing a course of treatment BOB	67%	External					64%	62.79%	63%	64%	64.5%	69%	69%	71%
Talking Therapies Reliable Recovery for those completing a course of treatment Frimley	48%	External					43%	45.5%	44%	47%	51.39%	52%	50%	51%
Talking Therapies Reliable Recovery for those completing a course of treatment BOB	48%	External					46%	48.5%	46%	49%	48.19%	48%	50%	51%
Talking Therapies In treatment pathway waits 90 day for 2nd Appointment Frimley	<10%	External	12.8%	11%	9.80%	11.5%	15.2%	16.1%	18.6%	20%	14.7%	18.5%	20%	22%
Talking Therapies in treatment pathway waits 90 day for 2nd Appointment BOB	<10%	External	17.8%	22%	18.1%	16.1%	16.4%	15.9%	15.1%	18%	19.4%	20%	18%	23%

True North Patient Experience														
							c =//p c.							
EIP: People experiencing a first episode of psychosis treated with a NICE approved package of care within 2 weeks of referral: %	60% treated	External	Dec 23 80	Jan 24 85.70	Feb 24	Mar 24	Apr 24	May 24	Jun 24 100	Jul 24 83	Aug 24	Sept 24	Oct 24	Nov 24 100
Overall Access to Core Community Ment Health Services for Adults and Older Adu with Severe Mental Illness 2+ contacts E	ults 24/25 Minimum BOB	External	6028	6227	6445	6700	6903	7869	8076	8370	8569	8799	9582	9857
Overall Access to Core Community Mental Health Services for Adults and Older Adults with Severe Mental Illness 2+ contacts Frimley	Cumulative Year to Date 24/25 Minimum Frimley Target 7860	External	4852	5014	5162	5349	5509	6172	6325	6508	6676	6834	7399	7581
Access to Perinatal Services- Assessments Frimley	7.5% live birth rate - 409 Oct 23 439 March 2023. 37 per Month	External	25	40	23	22	20	22	32	34	25	23	30	29
Access to Perinatal Services - Assessments BOB	10% live birth rate - 611 per annum 51 per month	External	43	39	44	30	44	30	38	50	27	38	33	35
Access to Perinatal Services - % Birth Rate BOB	Target 10% live birth rate per Quarter	External												
Access to Perinatal Services- % Birth Rate Frimley	7.5 % live birth rate per Quarter	External												
Physical Health Checks 7 Parameters for people with severe mental illness (SMI)	90% from 1st July 2024. Previously 85%	Internal	91%	91%	92%	96%	90%	93%	94%	95%	94%	90%	91%	93%
Mixed Sex Breaches on Ward	0	External	0	0	0	0	0	0	0	0	0	0	0	0
Patient on Patient Assaults (MH Inpatients)	25 per month	Internal	14	9	14	18	17	14	10	10	5	8	7	9
Estimated Diagnosis rate for Dementia Frimley	66.67%	External	65.25%	65.56%	64.88%	64.98%	66.10%	66.14%	66.53%	68%	68%	66.71%	66.49%	66.85%
Estimated Diagnosis rate for Dementia BOB	66.67%	External	64.39%	64.54%	64.12%	64.60%	65.60%	65.36%	64.92%	64.90%	64.90%	66.14%	66.04%	66.25%

True North Harm Free Care Summary														
Metric	Threshold / Target	External/Internal	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sept 24	Oct 24	Nov 24
Mental Health: AWOLs on MHA Section	10 per month	Internal	З	6	7	З	5	7	5	7	7	9	5	3
Mental Health: Absconsions on MHA section (Excl: Failure to return)	8 per month	Internal	ο	1	1	1	1	1	1	1	1	1	1	1
Mental Health: Readmission Rate within 28 days: %	<8% per month	Internal	ο	3.03	3.37	4	0	0	ο	3.45	5.25	3.83	0	1.53
Pressure Ulcer with Learning	Tbc	Internal	1	0	3	2	2	4	1	4	Ο	0	2	1
Mental Health 72 Hour Follow Up after Inpatient discharge	80%+	External	86.2%	95.1%	100%	86.0%	91.5%	93.1%	94.1%	91.0%	91.4%	100%	91.0%	80.6%
Self-Harm Incidents on Mental Health Inpatient Wards (ex LD)	61 per month	Internal	17	26	42	73	79	66	63	64	46	72	60	92
Self-Harm Incidents within the Community	31 per month	Internal	9	21	35	30	28	29	10	10	7	17	15	25
Gram Negative Bacteraemia	No Trust target	External	0	1	0	0	0	0	0	0	0	0	0	0
E-Coli Number of Cases identified	<8Q1,5Q2, 3Q3 ,1Q4	External	1	1	1	1	1	0	0	1	0	1	4	0
C.Diff with learning (Cumulative YTD)	0	External	0	0	0	0	0	0	1	1	1	0	1	1
Meticillin-resistant Staphylococcus aureus (MRSA) bacteraemia infection rate per 100,000 bed days	0	External	Ο	Ο	0	Ο	0	0	0	0	0	0	0	0
Meticillin-susceptible Staphylococcus aureus (MSSA) bacteraemias (YTD)	0	External	1	1	1	1	0	0	0	0	0	ο	ο	0
Count of Never Events (Safe Domain)	0	Internal	Ο	0	0	Ο	0	0	Ο	0	0	0	О	0
Patient Safety Alerts not completed by deadline ytd	0	External	0	0	0	1	1	1	1	1	1	1	1	1
Unnatural MH inpatient deaths	0	Null	0	О	Ο	Ο	0	0	0	Ο	0	0	ο	0
PHSO Upheld Complaints	0	Null	0	0	0	0	0	0	0	0	0	Ο	0	0

Efficient Use of Resources														
Metric	Threshold / Target	External/Internal	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sept-24	Oct-24	Nov-24
Community Inpatient Occupancy	85%	Internal	87.7%	89.2%	89.4%	90.3%	90.6%	91.8%	91.6%	88.8%	86.9%	92.4%	91.7%	91.3%
Community Inpatient Average Length of Stay (bed days)	<21 days	Internal	37.3	24.5	28.1	26.5	33.3	25.8	26.2	21.7	24.5	24.7	24.6	24.3
Mental Health: Adult Acute LOS over 60 days % of total discharges	TBC	External	30%	28.9%	30%	34%	31%	28.0%	28.0%	33%	35.1%	24.3%	29.3%	24%
Mental Health: Older Adult Acute LOS over 90 days % of total discharges	TBC	External	66%	57.9%	55.0%	52%	59%	63%	63%	50%	41.6%	55.5%	50%	61.5%
DNA Rate: %	5% DNAs	Internal	4.76%	4.70%	4.66%	4.66%	4.70%	5.26%	4.79%	4.83%	4.97%	4.96%	4.91%	4.87%
Mental Health: Acute Occupanc rate (excluding Home Leave):%		Internal	93.8%	95.9%	98.5%	99.4%	98.5%	97.7%	97.1%	97.3%	99.2%	96.8%	97.4%	97.6%
Mental Health: Acute Average Length of Stay (bed days)	30 days	Internal	45.1	72.6	41.7	36.4	60.6	58.7	47.2	49.6	58.8	46.1	50.8	40.5
Mental Health: Non-Acute Occupancy rate (excluding Hom Leave): %	e 80% Occupancy	Internal	77.85%	72.48%	79.31%	84.04%	95.34%	82.42%	81.71%	83.87%	88.40%	90.10%	80.82%	86.14%
Community Virtual Ward Occupancy Frimley	80%	External	46%	56.59%	46.40%	54%	42.19%	50.60%	52.5%	57.59%	51.30%	61.29%	77.29%	84%
Community Virtual Ward Occupancy BOB	80%	External	91.60%	95.5%	82.39%	75.79%	88.90%	91.90%	94.79%	82.59%	87.90%	79.40%	76.90%	79.60%
Agency Spend within Ceiling	3.2%	External					2.70%	3%	2.19%	3.10%	3.20%	2.90%	2.90%	3%
Elective Recovery Performance vs Target	11,614	External					12238	11898	12179	13710	11888	12951	13862	13180



Trust Board Paper

Board Meeting Date	14 January 2025
Title	2025 Strategy Outcome Measures Mid-Year Update
	Item for discussion
Reason for the Report going to the Trust Board	Presentation of mid-year review, on a bi-annual cycle, to update against Board Level Outcome Measures and progress to date.
Business Area	Strategy
Author	Alex Gild, Deputy Chief Executive
Relevant Strategic Objectives	The Mid-Year update highlights the key activities, progress to date and potential risks associated with the identified Board level outcome measures which in turn impact all of the relevant strategic objectives, as outlined in the Trust Strategy.



2025 Strategy Outcome Measures Mid-Year Update Year 2 – 18 months



Decemeber 2024

TRUST STRATEGY OUTCOMES – MID POINT (YEAR 2) PROGRESS UPDATE

The paper provides a progress overview against the agreed Board Level outcomes for Trust strategy for mid-year within year 2 of the overarching strategy, effectively the 18 month point within the 3-year strategy. The following gives a high-level picture of the key activities that have been driving performance outcomes and current data to indicate position to date.

Inclusion of an additional outcome Reduced Inequalities Projects can be seen within the paper, as part of the Health Inequalities strategic initiative. A corporate-level QI programme has been initiated to scope, engage and address key identified health inequalities. Part of this programme aims to support a small number of QI projects addressing specific Health Inequalities in our services and our local populations.

Previous outcomes included an outcome of Reduced Higher Risk Waiting Times aiming to work with services with long waiting times to reduce risks associated with their long waits. This outcome looked, as measure of harm from waiting, to focus on services currently on our Quality Concerns Register and will support them to reduce their waiting times so that they can be removed from the Register. This agenda is encompassed within the existing outcome of Operational Excellence and the refreshed approach to Waiting and Patient Journey supporting services with waiting times, access and flow.

Most outcome metrics are showing progress as expected in line with the intended targets set for the current reporting period. There are no metrics flagging significant concern, due to the planned mitigating actions or realisation of work to date. It remains that, despite the unmet target for *Carbon Emissions Reduction* metric, there are activities in place that see expected benefits realise from 2025.

Outcome Measure	Current Status
IMPROVED PATIENT SAFETY	
A GREAT PLACE TO WORK	
REDUCED INEQUALITIES (Detentions of Black Adults)	
REDUCED INEQUALITIES QI PROJECTS (Access, Outcomes, Experience)	
OPERATIONAL EXCELLENCE	
IMPROVED MH INPATIENT SERVICES	
IMPROVED CARE DRIVEN BY PATIENT EXPERIENCE	
RELEASING STAFF TIME TO CARE	
FINANCIAL SUSTAINBILITY ACHIEVED	
CARBON EMISSIONS REDUCED	

OUTCOME MEASURES



12 MONTH 24 MONTH 36 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET	
IMPROVED PATIENT SAFETY We will have proportionally fewer moderate harm and above incidents	A new system is being implemented for the recording of incidents. Due to work on the implementation of the system and further analysis that will be required to determine areas of focus, it is unlikely that there will be a change in the first 12 months. We will use this period to build knowledge of incidents and highlight areas to focus on in future years.	Deborah Fulton	N/A	N/A	TBC	TBC	

OUTCOME: IMPROVED PATIENT SAFETY	
Summary Report; including Key Activity, Drivers of performance and Key Issues:	Baseline for metric still not able to be set, as part of the national patient safety strategy there was a new national reporting platform developed (LSPFE). The new platform took longer to be aligned with our local incident reporting systems than first envisaged. As a result, the data has proved challenging to obtain. At present data is available for the period Sept 23-Aug 24. In April 25 there will be a full year of data available on the new system and thus targets can be expected in the next cycle.
Performance at 12-month target:	N/A



12 MONTH 24 MONTH 36 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET
A GREAT PLACE TO WORK We will sustain and improve our turnover rate	Reducing turnover demonstrates the stability of the organisation, limiting wasted resource via recruitment, handover and lost organisational memory.	Jane Nicholson	15.7	14	11%	10%

OUTCOME: A GREAT PLACE TO WORK					
Summary Report; including Key Activity, Drivers of performance and Key Issues:	We have set ourselves an aspirational target of turnover of 10%, our turnover is currently hovering around 12% and this is the lowest rates since prior to Covid.				
Performance at 12-month target:	Current Turnover: 12%				



				12 MONTH TARGET	24 MONTH TARGET	36 MONTH TARGET	
OUTCOME	CONTEXT	LEAD	Baseline				
REDUCED INEQUALITIES We will reduce ethnicity-based variation in Mental	Project initially focuses on reducing section 2 Mental Health Act Detention variation across localities in Berkshire.		The 2021-23 data shows us that Black people are currently 3.07x more likely than white people to be detained across	Reduce variation across localities by 10%	Reduce variation across localities by 20%	Reduce variation across localities by 25%	
Health Act Section 2 detentions (further inequality outcomes to be added in year 2/3 as initiatives scoped)		Kathryn MacDermott		Reduce MHA detentions against baseline by 5%	Reduce MHA detentions against previous year by 5%	Reduce MHA detentions against previous year by 5%	
OUTCOME: REDUCED INE	QUALITIES						
Summary Report; including Key Activity, Drivers of performance and Key Issues:We have developed a Mental Health Act Detentions tableau dashboard which is now live. For year 23/24 we have successfully met the 10% target. The Trust has achieved a 22% reduction on a baseline of 51 patients for the year 22/23. This is based on data provided by the Mental Health Act Office.We continue to scope variation across the localities by: - Received 32 responses from Thames Valley Police Officers across Berkshire, currently summarising this and socialising as next steps. - Positive feedback from Berkshire AMPHs and socialising the findings with them to come up with recommendations and actions for Phase 2 - Currently working on the delivery plan for Phase 2 MHAD 2025/26 with Mental Health Ops Teams & PMO Team							
Performance at 12-month targe	Performance at 12-month target: For year 24/25, as of the end of December we have had 27 detentions of black people which if extrapolated forward would demonstrate roughly 36 detentions across a 12-month period. This would mean we continue to be in line with meeting our proposed 24-month target (which equates to 36 detentions across the 12-month period).						



			Deseller	12 MONTH TARGET	24 MONTH TARGET	36 MONTH TARGET
OUTCOME REDUCED INEQUALITIES PROJECTS Trust QI programme: key influenceable health inequalities identified and reduced Outcome added November 2024	As part of the Health Inequalities strategic initiative, a corporate-level QI programme has been initiated to scope, engage and address key identified health inequalities. Part of this programme aims to support a small number of QI projects addressing specific health inequalities in our services and our local populations. Three service-specific, health inequalities projects have been prioritised and initiated to date.	LEAD Kathryn MacDermott	Baseline No QI projects reporting improvement in outcomes and reducing specific health inequalities measures.	2 QI projects reporting improvemen t in outcomes and reducing specific health inequalities measures.	4 QI projects reporting improvemen t in outcomes and reducing specific health inequalities measures.	8 QI projects reporting improvemen t in outcomes and reducing specific health inequalities measures.
OUTCOME: REDUCED INE	QUALITIES					
Summary Report; including Key Activity, Drivers of performanc and Key Issues:	QI projects initiated: 1.Improving physical health outcomes for people with severe mental illness (SMI). Reading is an outlier for the inequality in life expectancy for people with SMI and in premature mortality due to cancer in adults with SMI. 2. Improving access to our Nutrition and Dietetics service by reducing the proportion of Black and Asian service users who are discharged, unseen, not responding to opt-in letters. 3. Improving access to our MSK Physiotherapy service by reducing the proportion of Black and Asian service users who DNA their appointments. Following discussion at Board, October 2024, there is an exec review of a further two high impact initiatives within both Slough and Reading.					
Performance at 12-month target: All three projects have created their problem statements and moved to root-cause analysis / countermeasure stage. However, as countermeasures are still being identified, no demonstrable reductions in health inequalities have been made. The work continues to deliver results in this financial year.						



				12 MONTH TARGET	24 MONTH TARGET	36 MONTH TARGET
OUTCOME	CONTEXT	LEAD	Baseline			
OPERATIONAL EXCELLENCE We will work with services to improve their business intelligence capabilities to understand operational delivery pressures and improve the management of demand and waiting lists across our services.	We will support services across the organisation to develop the capabilities to improve their confidence and understanding of data, improve data quality and ensure effective management of demand and waiting lists, supported by clear definitions of waiting.	Tehmeena Ajmal	Baseline established across all services	65% (of services)	70% (of services)	80% (of services)
OUTCOME: OPERATIONA	LEXCELLENCE					
Summary Report; including Key Activity, Drivers of performance and Key Issues: This work is targeted initially to transformation pieces in MH and CFAA services and will include : Learning Disabilities /CAMHS MSK Physio East /ASLT/CSS /Diabetes Education /Bladder & Bowel (Continence) /CBNRT/Dental – Non-Rio service / Hearing Balance – Non-Rio service One Team work in Community MH Initial meetings have showcased that there has been significant work to date across the divisions on this agenda which has resulted in greater understanding of both the challenges faced as well as potential countermeasures/approaches to the work required. Much has already happened in the waiting space but focus now needs to include the totality of the patient journey and the difference the interventions have made. The programme has identified several key metrics which aim to provide a view across services and identify any outliers / areas for further support as well as make the programme accessible and services aware of data as reported. This work links closely to the launch of the Productivity programme which has highlighted 3 teams, Eating Disorders, MSK East and Talking Therapies, which have undertaken significant work on this agenda and will help to outline a blueprint for productivity, defining key elements and determining metrics, which will be applied across all services in due time.						
Performance at 12-month targe	The reset target will look to deliver within an 18-month refreshed timeframe and expect to achieve 75% compliance of those services included in this phase, by the end of March 25. We have agreed metrics and visibility via Tableau dashboard to begin to track included services.					



12 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET
IMPROVED MH INPATIENT SERVICES We will reduce the maximum ward sizes at Prospect Park Hospital (PPH)	Reducing the maximum ward size at PPH for adult acute wards will yield a range of benefits including an enhanced therapeutic environment, improvements to staff and patient safety and experience and allow us to deliver a modern standard of mental health care that aligns with our vision to be a great place to get care, a great place to give care.	Tehmeena Ajmal	1 ward x 20 beds 3 wards x 22 beds	Max ward size 20	Max ward size 18	Max ward size 18

OUTCOME: IMPROVED MH IN	PATIENT SERVICES	
Summary Report; including Key Activity, Drivers of performance and Key Issues:	All wards are now 20beded, toilets re-fitting for two of the wards completed, the last two is set to complete in Q4 Capacity contracted awarded to priory group – 18 bedded mix sex ward due to open in January	
Performance at 12-month target:	On target for end Q4- bed reduction to 18 starts in January as soon as the capacity ward opens.	

PATIENT EXPERIENCE & VOICE FOR CO-DESIGN

Lead – Deborah Fulton



OUTCOME		CONTEXT	Baseline	12 MONTH TARGET	24 MONTH TARGET	36 MONTH TARGET	
We will increase the overall amount of feedback the Trust collects via IWGC		Increasing the volume of feedback collected via IWGC will help us to make informed improvements to the care we offer.	3.5%	10%	12.5%	15%	
OUTCOME: IMPROVED CARE DRI	VEN BY PATIEN	TEXPERIENCE					
Summary Report; including Key Activity, Drivers of performance and Key Issues:	Response rate calculation changed from April 2024 to be based on unique patients rather than all contacts; this is following feedback from patients and staff that there was a high risk of survey fatigue. The option to give feedback always remains open. The number of responses to iWGC also continues to increase. There has been a slight decrease in RR since Q1. The number of surveys with 0 responses during Q2 were 124 out of 519. The Pt Experience Team is working with individual services to find a methodology that works for their patients. We are undertaking a data cleanse exercise to remove any teams that do not collect individual feedback, in these instances the 'team' might undertake activity with a patient but the feedback would be attributed to the wider/overarching service/ward that the patient is being treated by.						
Performance at 12-month target:	Trust wide: Qtr2	2 5.34%.					



12 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET	
RELEASING STAFF TIME TO CARE We will increase productivity as a result of implementation of digital initiatives	This measure demonstrates time saved for staff via the implementation of digital initiatives. Outcome achieved via reduction of wasteful processes and administrative burden, releasing productive time to clinicians to meet demand and waiting list pressures. Calculation of hours saved is cumulative, directly linked to specific digital strategy initiatives, including automation.	Mark Davison	79k hours	169k hours	243k hours	299k hours	

OUTCOME: RELEASING STAF	F TIME TO CARE
Summary Report; including Key Activity, Drivers of performance and Key Issues:	We are on track in relation to forecast, although Intelligent Automation (IA) team have reported less than plan, whilst technology projects have exceeded plan.
Performance at 12 month target:	193,183 hours This figure is derived from the financial savings analysis from clinical technologies (Docman/hybrid mail/digital appointment correspondence/digital dictation), each have a savings profile per year that is monitored based on usage. The team have translated the financial saving to an hourly figure using a mid-point band 5 salary (£23ph including on-costs). There are also IA team projects and associated savings, based on 8 automations currently live. After creating a positive pull for IA technology in year 1, oversight and benefits targeting will now shift to delivery of care capacity benefits in priority areas of demand or service pressure, with now proven automation capability and impact.



12 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET
FINANCIAL SUSTAINABILITY ACHIEVED We will achieve a reduction in underlying Trust deficit	The Trust is currently reliant on non-recurrent funding streams to meet its breakeven plan. We will work to phase out reliance on these funding streams to improve financial sustainability.	Paul Gray	£12m	£10m	£5m	£0

OUTCOME: FINANCIAL SUSTAINBILITY ACHIEVED						
Summary Report; including Key Activity, Drivers of performance and Key Issues:	Further work to reduce the underlying deficit is being undertaken as part of financial planning. Key will be impending National Guidance due Decembe	r.				
Performance at 12-month target:						



12 MONTH

OUTCOME	CONTEXT	LEAD	Baseline	TARGET	TARGET	TARGET
CARBON EMISSIONS REDUCED Reduction in direct measurable carbon emissions	Targets are ambitious, and based on the assumption that a number of contributory projects will receive funding.	Paul Gray	4,728 tonnes CO2e	13% annual reduction (3,924 tonnes CO2e)	13% annual reduction (3,257 tonnes CO2e)	13% annual reduction (2,703 tonnes CO2e)

OUTCOME: CARBON EMISSIONS REDUCED			
Summary Report; including Key Activity, Drivers of performance and Key Issues:	Continuing to undertake measure to reduce emissions. Recently commissioned surveys and audits identified decarbonisation of WBCH and PPH making the most significant reduction, the former of which is in progress thanks to Salix / Trust funded scheme which will deliver from 2026.		
Performance at 12-month target:	The Trust reduced its CO2 tonnes of emission by 5% in 23/24, less than the target of 13%.		



Trust Board Paper

Board Meeting Date	14 January 2025				
Title	Appointment of a New Senior Independent Director				
	Item for Approval				
Reason for the Report going to the Board	Naomi Coxwell is stepping down as the Trust's Senior Independent Director.				
	The Trust Board is responsible for appointing one of the Non-Executive Directors as the Trust's Senior Independent Director in consultation with the Council of Governors.				
	The next Council of Governors meeting is on 12 March 2025. The Chair will consult with the Council about the Trust Board's preferred candidate for the role.				
	The Senior Independent Director Role Profile is attached at appendix 1.				
	The Board is requested to approve the appointment of Aileen Feeney as the Trust's Senior Independent Director subject to the views of the Council of Governors.				
Business Area	Corporate Governance				
Author	Julie Hill, Company Secretary				
Relevant Strategic Objectives	This relates to Good Governance				



SENIOR INDEPENDENT DIRECTOR ROLE DESCRIPTION

In consultation with the council of governors, the board should appoint one of the independent non-executive directors to be the senior independent director to serve as an intermediary for the other directors when necessary.

The senior independent director should be available to governors if they have concerns that contact through the normal channels of chair, chief executive, deputy chief executive, or company secretary has failed to resolve, or for which such contact is inappropriate. The senior independent director could also be the vice chair.

Led by the senior independent director, the non-executive directors should meet without the chair present, at least annually, to appraise the chair's performance, and on other such occasions as are deemed appropriate.

Where directors have concerns that cannot be resolved about the running of the trust or a proposed action, they should ensure that their concerns are recorded in the board minutes. On resignation, a director should provide a written statement to the chair for circulation to the board, if they have any such concerns.

In addition to the duties described here the senior independent director has the same duties as the other non-executive directors.

THE SENIOR INDEPENDENT DIRECTOR, THE CHAIR AND NON-EXECUTIVE DIRECTORS

The senior independent director should hold a meeting with the other non-executive directors in the absence of the chair at least annually as part of the appraisal process.

There may be other circumstances where such meetings are appropriate. Examples might include the appointment or re-appointment process for the chair, where governors have expressed concern regarding the chair or when the board is experiencing a period of stress as described below.

THE SENIOR INDEPENDENT DIRECTOR AND THE COUNCIL OF GOVERNORS

While the council of governors determines the process for the annual appraisal of the chair, the senior independent director is responsible for carrying out the appraisal of the chair on their behalf as set out as best practice in the code of governance.

As part of the chair's appraisal process, the senior independent director will seek feedback on the chair's performance from the governors. The senior independent director will attend a meeting of the Council of Governors' Appointments and Remuneration Committee to present the outcome of the chair's appraisal process.

The senior independent director might also take responsibility for an orderly succession process for the chair role where a reappointment or a new appointment is necessary.

The senior independent director should also be available to governors as a source of advice and guidance in circumstances where it would not be appropriate to involve the chair; chair's appraisal or setting the chair's objectives for example.

In rare cases where there are concerns about the performance of the chair, the senior independent director should provide support and guidance to the council of governors in seeking to resolve concerns or, in the absence of a resolution, in taking formal action. Where the trust has appointed a lead governor the senior independent director should liaise with the lead governor in such circumstances.

THE SENIOR INDEPENDENT DIRECTOR AND THE BOARD

In circumstances where the board is undergoing a period of stress the senior independent director has a vital role in intervening to resolve issues of concern. These might include unresolved concerns on the part of the council of governors regarding the chair's performance; where the relationship between the chair and chief executive is either too close or not sufficiently harmonious; where the trust's strategy is not supported by the whole board; where key decisions are being made without reference to the board or where succession planning is being ignored. In the circumstances outlined above the senior independent director will work with the chair, other directors and/or governors, to resolve significant issues.

Boards of directors and councils of governors need to have a clear understanding of the circumstances when the senior independent director might intervene so that the senior independent director's intervention is not sought in respect of trivial or inappropriate matters.