

# Komfitilt 3 Vikta (Model 2022)

The Komfitilt is an automated lateral turning system.


It moves slowly side to side 22 degrees tilt max 25 degrees. This promotes offloading and regular perfusion opportunities whilst someone is in bed.

Other products include the Toto, this is available on IRIS as core stock. The Komfitilt appears tolerated by patients more than the Toto in some instances. The Komfitilt would need to be ordered as a special with clear clinical reasoning as to why the Toto has not been used.

## Considerations

- Lateral turning devices should only be prescribed by staff that have completed the relevant training/competencies
- The Komfitilt should be part of a 24 hour pressure care management care plan, it does not remove the need turning for the patient by care staff.
- The Komfitilt supports partial side lying, if the patient requires full off loading the Komfitilt may not be suitable.
- You may need to consider the use of bed rails in combination with the toto and complete a bed rail risk assessment
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- Liaise with another professional such as Tissue Viability Nurses or District Nurses to determine if the Komfitilt is appropriate.
- Lateral turning systems could be considered for night time use only to enable good quality sleep. This doesn't take out the need for carer support at night for other potential care needs. In some instances, manual turns may be more appropriate due to the position of any wounds.
- For some patients, lateral turning systems may be appropriate for longer periods if manual turns cause pain/ distress/ behavioural problems e.g. End of Life, dementia. Can be used as a preventative option to manage pressure care risk or to aid healing.





Some patients report feeling the motion and this making them feeling possibly nauseas.  
Other patients do not notice the device working.

## Komfitilt specs

Read the Vikta-KomfiTilt-Ed3-Operating-Manual-V070722.pdf (pressurecaremanagement.co.uk)

[pressurecaremanagement.co.uk/wp-content/uploads/2022/06/Vikta-KomfiTilt-Ed3-Operating-Manual-V070722.pdf](https://pressurecaremanagement.co.uk/wp-content/uploads/2022/06/Vikta-KomfiTilt-Ed3-Operating-Manual-V070722.pdf)

- App with QR code which is Bluetooth enabled. Enables remote control 10-15-20-25 mins cycle (auto set to 10 mins)
- For personal care, turn off, the device will deflate. Turn back on and the device goes back to original setting
- Auto detects weight to aid deflation/ inflation. Simple to use
- Recommended to be fitted to a standard size profile bed of 900mm x 2000
- Can be fitted to a bariatric bed and can extend accordingly. Weight limit of 320kg. Unfolds suitable for bed up 120cm wide; one product
- Can be installed with patient in bed. Roll patient and mattress, slide product in, roll patient back, same as hoist sling placement technique. Requires 4 people. Need to secure 8 strap. Middle strap clasp to main frame – other straps to moving bits

Watch a video on how to install it on YouTube [youtube.com/watch?v=ecVzlt-olAM](https://youtube.com/watch?v=ecVzlt-olAM)

- Prescriber has to fit, not on IRIS core stock
- Compatible with Wendylett 4 way glide, alongside risk assessment
- Bed safety sides/ bed rails with bumpers, and neck support should be considered and determined following observation of patient use device – see Risk Assessment

## Risk Assessment

- Lateral turning systems require a period of assessment
- It is advisable to complete a risk assessment
- Once installed it is advisable to observe the patient for approx. 15 mins and assess position of patient whilst the equipment completes a cycle
- If successful follow up advisable 5-7 days, can be T/Call and emphasis for patient/Care Givers to contact prior if necessary
- Lateral turning systems may not be suitable if a patient is unable to tolerate the movement and can trigger tonal or movement problems
- If the patient is unable to maintain their position the person may slide. This can cause poor positioning in bed and discomfort, motion sickness, complex behavioural problems, user error
- Risk mitigation to reduce the risk of falls or discomfort will need to occur e.g. use of bed rails, positioning cushions. Some people may experience feelings of motion sickness, an alternatives



## Contraindications

- Do not use with patients with unstable spinal cord injuries or who are undergoing traction
- Do not use with patients with equilibrium disturbances
- Do not use without a suitable pressure redistribution surface



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