

Postural Management

Provided by the Care Home Support Team

A single point of access for Berkshire West Care Home residents for postural management assessment, advice and equipment

What do we provide

- Holistic complex posture assessments in the Care Home setting
- Sleep system assessments for Care Home residents with complex postural needs
- Collaborative working with e.g. TVNs, DNs, Podiatry within BHFT



With permission from Middlesbrough council and Symmetrikit 2017

Referral Criteria for Assessment

- The resident has reduced range of movement in any joint (i.e. a contracture)

Or

- The Care Home staff are having difficulties with positioning the resident in bed due to pressure damage
- The resident must have had a recent review of their pain relief if this is an issue
- The resident is not currently under the care of a private OT/Physio or the community - based neuro rehab team (CBNRT)
- The resident is not predicted to be end of life (within the next 2 weeks)
- The resident is not receiving respite care

Useful information to include in your referral

- If the resident has a contracture, is this impacting on their bed positioning
- Does the resident have a swallowing difficulty/are they prone to aspiration pneumonia which you think may be as a result of their positioning?
- Is pain an issue for your resident?
- Is there any current pressure damage?



How to Refer

Referrals can be made by **Care Home Staff** and **NHS** or **Local Authority Professionals**



Email referrals to

Carehomesupport@berkshire.nhs.uk



Or phone

Call Katherine Santos (Physio) **07717 690323**

Call Ruth Macleod (OT) **07827 348710**



Scan me

berkshirehealthcare.nhs.uk/care-home-support-team

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